

Spotlight on Poke & Ramen / Long Hair, Big Beards / Animals of Instagram

NaturesPlus

DISCOVER LIFE

SUMMER ISSUE

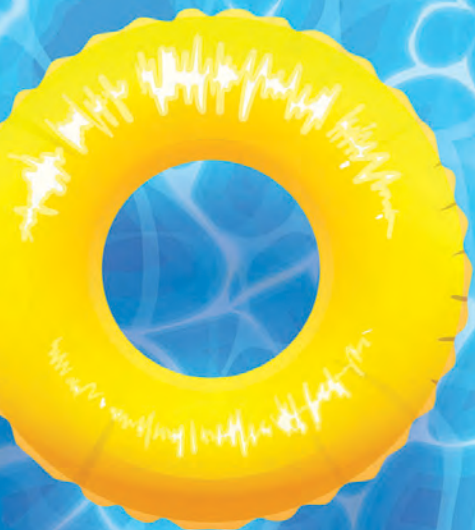
CATCHING THE BIG WAVE

FOOD TRUCKS:
FAST FOOD KINGS

OFF-SEASON
ADVENTURE
IN SNOW TOWNS

BOSTON:
WHERE FOOD
MEETS TECH





SUMMER GIFT GUIDE

COOL GIFTS FOR A HOT SEASON AND
ACTIVE FUN UNDER THE SUN



→ **Easy Fun on the Water**

Lugging a kayak or canoe around usually involves a cumbersome car rack and calls for heavy lifting—not the exercise you’re looking for when bringing your personal watercraft to the lake. The inflatable two-person kayak, from Hammacher Schlemmer, inflates in minutes and is constructed from durable, UV-resistant, 30-gauge vinyl. With a low profile and high-buoyancy side chambers, the kayak is ideal for exploring lakes and flat-water rivers; it features two adjustable, inflatable seats with backs, and a removable skeg for stability and tracking. The I-beam floor has three high-pressure, drop-stitch panels that support up to 400 pounds. A high-output hand pump and two aluminum paddles are included. Visit hammacher.com.



← Grilling the Green Way

The environmentally friendly CasusGrill—which uses no metal, chemicals or lighter fluid—is completely biodegradable and promises to bring healthy grilling to your next party. Weighing just 2.2 pounds, this portable grill provides a high and even heat without flames, so your food cooks without degrading the natural bamboo grate it sits upon. Lavastone Thermal Insulation is employed to help the grill retain its heat for more than an hour. With minimal smoke, CasusGrill emits up to half the CO₂ of other grills. Visit casusgrillusa.com.



↑ DIY Ice Cream

Making one of summer's favorite desserts yourself is a healthier option than processed, sugar-loaded ice cream from the store. The Rolling Ice Cream Maker works like those frozen slabs in some ice cream shops; with this device, you control the ingredients so you ensure that you're delivering the most healthful and freshest ice cream. Put the pan in the freezer for 12 to 24 hours, and you're ready to make up to six servings in roughly 30 minutes. The device, which includes two plastic mixing tools, can also make sorbets and slushies. Visit foxko.com.



← Security at a Touch

Whether on your gym locker, backpack or backyard shed, this fingerprint-accessible lock will be the envy of even the most tech-savvy of your friends. At the same time, you'll have one of the most efficient locks on the market; the Tapplock one+ features a fingerprint sensor that allows unlocking in under 0.8 seconds. An adaptive algorithm means the lock becomes faster and more accurate with each access. You can store up to 500 fingerprints per lock, and manage users and fingerprints via the Tapplock app. A lock with a lighter-weight chassis, the Tapplock lite, is also available. Visit tapplock.com.

↓ Oxygen On the Go

If you're planning on hiking high-altitude trails this summer (or engaging in other extreme activities at high points) you'll want to avoid altitude sickness. Manufactured in the US, Oxygen Plus offers a line of sleek, lightweight canisters containing pure, breathable oxygen. The brand's newest, O+ Biggi canister, contains 220 breaths, along with an attached mask for easy breathing through the nose or mouth. Throwing Oxygen Plus into your backpack can help ease concerns about shortness of breath, dizziness, mental fog and other symptoms associated with altitude sickness. Visit oxygenplus.com.



SUMMER GIFT GUIDE



← Eco-friendly Flames

Because they use clean-burning fuel, the portable ventless fireplaces from Anywhere Fireplace can be used both indoors and out. The company's versatile 2-in-1 Fireplace or Lantern series double as a gel-fuel fireplace or a lantern when used with the included candle holder. Pictured is the Venus, one of five models in the series, all of which feature hand-woven, premium nickel-plated wire and polished stainless steel designs. Visit anywherefireplace.com.

↓ Standing at Attention

This set of nine metal skewers from O-Yaki lets you make kebabs, shrimp and even a whole chicken when the skewers are used to cradle the bird. The set fits in the oven on top of a cookie sheet, and inside a grill as long as the dome is more than 8.5 inches tall. Unlike the traditional skewers that require turning, these skewers stay vertical and cook evenly on all sides. Visit thegrommet.com.



→ Giving Ticks a Tough Time

Lymeez's patented 3D Mesh Tick Gaiters slow the climb of deer ticks by four to eight times over common pant fabrics, such as khakis. That slower climb exposes ticks longer to the microencapsulated permethrin repellent on each fiber of the lightweight outerwear. Hikers will want these gaiters because they target the most frequent questing height of ticks—the foot and lower leg. New this year are Lymeez 3D Mesh Arm Gaiters, for gardeners facing ticks crawling up arms. Repellency is UV-resistant and lasts through 50 washes, or the expected life of the product. Visit lymeez.com.



Chromium Lite Tech-Friendly Luggage

The Chromium Lite series from luggage brand Delsey Paris was made for today's tech-savvy traveler. Two carry-on pieces in the series, the 19" International and the 21" Expandable Spinner, each feature a USB port to charge electronic devices and a dedicated power bank sleeve to hold a power bank charger. Two larger Chromium Lite bags, the 25" and 29" Expandable Spinner Upright pieces, each include a patented overweight indicator built-in-the-side carry handle that alerts you if your luggage weighs more than 50 lbs.

All the Chromium Lite pieces are made from 100% polycarbonate, a strong but lightweight, impact-resistant plastic, with a scratch-resistant matte finish. They all feature recessed, TSA-accepted locks. Visit delsey.com.



Become Your Own Pizzeria

The Ooni Koda Pizza Oven, which turns out pizzas in 60 seconds, puts you in control of the ingredients you use. And it's easier on the environment because you're not sending pollutants from a wood- or charcoal-burning grill or oven into the atmosphere. With no assembly, mess or fuss, cooking outdoors pizza with has never been so simple (or so beautiful). Featuring instant gas ignition, Ooni Koda is ready to cook in 15 minutes and can reach temperatures up to 932°F (500°C). It can also be used to roast fish, vegetables and steaks. Visit thegrommet.com.



Allsop Outdoor Lighting Sets the Mood

Complement the beauty that nature offers with stylish solar lights from Allsop. Its Soji Stella line of spherical, cylindrical and other shaped lights is among several lines of beautifully patterned lanterns. Other Soji lines come in solids or unique prints, while a series of glass solar lanterns, some handblown, will lend an air of sophistication to your backyard party. Solar string lights, meanwhile, will set the mood for a fiesta. Allsop offers indoor/outdoor lanterns as well. Visit allsopgarden.com.



No-Fuss Outings

Dragging unwieldy folding chairs and weighty coolers to the beach can cut into the fun of your outing. The QuickFill AirChair from CleverMade is compact when stored, or carried to the beach or park, but quickly inflates when you need to settle in. The recliner-style chair is contoured for comfort and support. Likewise, CleverMade's Tahoe Cooler can hold ice and 50 cans of your favorite beverage, and collapses flat when not in use for easy storage. Visit clevermade.com.

For more cool summer products, see discoverlifemagazine.com