

Men's Essentials



**Vegan
Omega-3**

Provides DHA & EPA from vegan, sustainably sourced Schizochytrium sp. microalgae

SUPPLEMENT FACTS

Serving Size: 1 Vegan Softgel(s)

	Amount Per Serving	% Daily Value
Algal Oil (Life'sDHA)	500 mg	†
- Docosahexaenoic Acid (DHA)	120 mg	†
- Eicosapentaenoic Acid (EPA)	60 mg	†

Other Ingredients: Vegan Softgel (Modified Food Starch, Glycerin, Carrageenan, Water)(Modified Food Starch, Glycerin, Carrageenan, Water)

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Salt, Wheat, Sugar, Yeast, Fish/Shellfish, Nuts

Suggested Use: As a dietary supplement or as directed by a healthcare professional. Take with meals.

Notes: ‡ Colony Forming Units † Daily Value Not Established * Percent Daily values are based on a 2,000 Calorie diet

Trademarks: life'sDHA® is a trademark of DSM

Warnings: Keep out of reach of children



**Complete
Probiotic -
AST Floracor
500mg**

AST Floracor[®] Is a full-spectrum blend of probiotics, prebiotics and enzymes expertly formulated to maintain a proper balance of intestinal microflora.

SUPPLEMENT FACTS

Serving Size: 1 Vegan Capsule(s)

	Amount Per Serving	% Daily Value
Iron (Ionic Minerals)	.19 mg	1%
Floracor-GI Blend [®]	500 mg	†
CYC Enzyme Blend		
Probiotic Blend		
Prebiotic & Herbal Blend		

Other Ingredients: Vegan Capsule (Microcrystalline Cellulose, Water)

Contains No: Artificial Colors or Flavors, Preservatives, Fish/Shellfish, Eggs, Potato, Rice, Nuts

Suggested Use: As a dietary supplement or as directed by a healthcare professional. Take with meals.

Notes: Floracor-GI Blend: Probiotic Blend (L. Acidophilus, L. Casei, L. Rhamnosus, L. Lactis, L. Plantarum, L. Brevis, L. Salivarius, S. Thermophilus, B. Bifidum, SEBbiotic [Bacillus Coagulans], S. Boulardii). CYC Enzyme Blend: (Protease, Cellulase, Chitosanase, Peptizyme SP [Serrapeptase]). Prebiotic & Herbal Blend: (FOS, Alfalfa, Amla, Papaya, Fulvic Acid, Ionic Minerals). ‡ Colony Forming Units † Daily Value Not Established * Percent Daily values are based on a 2,000 Calorie diet

Trademarks: Floracor-GI[®]

Warnings: Keep out of reach of children. If you are pregnant, nursing, taking medication or under medical supervision, consult your healthcare professional before use. Discontinue use and consult your physician if any adverse conditions occur.



Food-Based Multi w/Iron

Complete formula in an organic food base that includes all the primary nutritional needs, from beta-carotene to amino acid chelated zinc.

SUPPLEMENT FACTS

Serving Size: 1 Tablet(s)

	Amount Per Serving	% Daily Value
Vitamin A (Natural Beta-Carotene)	600 µg	67%
Vitamin C (Ascorbic Acid, Rose Hips)	100 mg	111%
Vitamin D-3 (Cholecalciferol Vitashine™ D3 Lichen)	10 µg	50%
Vitamin E (D-Alpha Tocopherol Succinate)	33.5 mg	223%
Vitamin K (Phytonadione & Menaquinone-7)	40 µg	33%
Vitamin B-1 (Thiamine Mononitrate)	2.5 mg	208%
Riboflavin	2.5 mg	192%
Niacin (Niacinamide)	10 mg	63%
Vitamin B-6 (Pyridoxine)	2.5 mg	147%
Folate (Calcium L-5-Methyltetrahydrofolate [5-MTHF] (Magnafolate®C) 300mcg DFE (176.5mcg Folic Acid)	300 µg	75%
Vitamin B-12 (Methylcobalamin)	7.5 µg	313%
Biotin	150 µg	500%
Pantothenic Acid (D-Calcium Pantothenate)	5 mg	100%
Iron (Ferrous Bisglycinate Chelate Ferrochel®)	7.5 mg	42%
Choline (Choline Bitartrate)	12.5 mg	2%
Iodine Kelp	75 µg	50%
Zinc (Zinc Chelate L-OptiZinc®)	7.5 mg	68%
Selenium (High-Selenium Yeast SelenoExcell®)	35 µg	64%
Copper (Copper Chelate)	.06 mg	7%
Manganese (Manganese Amino Acid Chelate)	1 mg	43%
Chromium (Picolinate)	50 µg	143%
Molybdenum (Molybdenum Chelate)	15 µg	33%
Potassium (Potassium Chelate)	2.5 mg	<1%
Boron Chelate	.5 mg	†
Organic Food Base	50 mg	†
Organic Quinoa		
Organic Amla		
Baobab		
Organic Moringa		
Organic Rice Bran Powder		
Inositol	5 mg	†

Other Ingredients: Pea Starch, Cellulose, Silica

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Salt, Wheat, Sugar, Corn, Peanuts, Tree nuts, Fish/Shellfish

Suggested Use: As a dietary supplement or as directed by a healthcare professional. Take with meals.

Notes: ‡ Colony Forming Units † Daily Value Not Established * Percent Daily values are based on a 2,000 Calo diet

Trademarks: Ferrochel®, SelenoExcell® brand is a registered trademark of Cypress Systems Inc, L-OptiZinc® ChromeMate® and their logos are trademarks or Lonza or its affiliates, Betatene® is a registered trademark of COGNIS IP MANAGEMENT GMBH., Vitashine™ Is a trademark of The GHT Companies

Warnings: Keep out of reach of children.



**Vitamin C-
1000mg
w/Rose Hips**

Vitamin C is essential for the production of collagen, connective tissue, bone, and cartilage, as well as the formation of red blood cells.

SUPPLEMENT FACTS

Serving Size: 1 Tablet(s)

Amount Per Serving

% Daily Value

Vitamin C (from Ascorbic acid)

1000 mg

1111%

Rose Hips

50 mg

†

Other Ingredients: Silica, Food Glaze, Magnesium Stearate, Cellulose Gum, Vegetable Stearin, Cellulose

Contains No: Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Salt, Wheat, Sugar, Yeast, Corn, Soy

Suggested Use: As a dietary supplement or as directed by a healthcare professional. Take with meals.

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