# RENPHO

Model: RF-GM169

# **MASSAGE GUN USER MANUAL**



**JOICOM CORPORATION** 

165 E. Freedom Ave., Anaheim, CA 92801 (US)

Thank you for choosing RENPHO Massage Gun, Please read the user manual carefully before use and keep it in a safe place for future reference. If you need assistance, please contact our support team.

## Cautions

To reduce the risk of electric shock, fire and personal injury, this product must be used as follows:

- 1. **DO NOT** reach for an appliance that has fallen into water:
- 2. **DO NOT** place in or drop into water or other liquid:
- 3. **DO NOT** place or store the device in wet environments or high temperatures.
- 4. DO NOT drop or improperly use the device, do not remove the screws or attempt to disassemble, do not change or modify the device in any method.
- 5. **DO NOT** operate continuously for more than 30 minutes at any aiven time.
- 6. Always unplug before cleaning, **DO NOT** operate or charge the product unattended.

## Important Safety Instructions

- 1. The use of non-rated voltage not (DC 13.4V == 1A) is prohibited.
- 2. For adults only, it can be used only on dry parts of the body and clean skin. It can't be used across the clothes.
- 3. Use the massager only in the soft tissues of the body without causing pain or discomfort; do not use on any hard parts such as bones on the head or the body.
- 4. Use only massage heads that produce the best results.
- 5. Whether it is controlled by underground pressure or pressure, it may cause bruises; often check the massage area, you should stop using immediately once it appears with signs of pain or discomfort.
- 6. Avoid contact with the massage head and the body at the finger. hair or other parts of the body. Beware of pinching.
- 7. **DO NOT** press the massage head vigorously during operation.
- 8. **DO NOT** use the same part for a long time in a row if you feel

unwell, please stop using it immediately. Infants, minors, pregnant women, pacemakers, fractures or metal contents in the body should not use the machine.

- 9. This product is prohibited under the following conditions:
- 1) Blood stasis
- 2) Tumor site
- 3) Heart disease, with a pacemaker or defibrillator
- 4) If you have experienced joint surgery within 90 days, the product should not be used on the body within 3 inches of the surgical position.
- 5) Sensitive areas: head, face, cervical vertebrae, spine vertebral
- 6) Positions close to the bone with less muscle coverage: the humerus, the back of the foot, the back of the hand.
- 10. DO NOT repair the massager, or replace parts by yourself. Please contact customer service for any issue.
- 11. If high temperature or foul odor is experienced while using the product, stop using immediately and unplug the device.

## Product Diagram



1-6 Massage head

## Operation Instruction



#### Before use

Fully charge the massager for 2.5 hours before first use. The massager runs for 4 hours on a full charge.

- 1. Plug the adapter into the charging port. The VOL indicator will indicate battery level as follow:
- 4pcs red lights on (=100%)
- 3pcs red lights on, 1pc red light flashes (<100%, ≥75%)
- 2pcs red lights on, 1pc red light flashes (<75%, ≥50%)
- 1pc red light on, 1pc red light flashes (<50%,  $\ge 25\%$ )
- 1pc red light flashes (<25%, ≥0~5%)
- 2. Unplug the AC adapter from the massager and from the electrical outlet after full charged.
- 3. The battery must be recharged when stored three months.

**Note:** The massager is designed to work with battery only. It will not work when the AC adapter is connected.

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### Using the massager

- Select one massage head and rotate the head until it is fully inserted into the host.

   Press the head direction button and
- choose a desired direction. It has 5 options to choose from.
- 3. Turn on the " ① " and the electricity volume will be shown as red light on the screen display. Note that if you don't do anything in one minute, the device will turn off and you will hear a sound. You have to press the power button again to restart it.
- 4. Press the speed button, you can change the speed from speed (1.2.3.4, off), and cycle to do:
- 5. When full charged, the 4pcs LED lights are on for the 'VOL"; the 3pcs LED lights are on when the battery level is below 75%; the 2pcs LED lights are on when the battery level is below 50%; the 1pc LED lights is on when the battery level is below 25%; when the battery level is below 10%, 1 indicator light flashes, please charge it.
- 6. To turn off the massager, press the power button when using it.

#### Note

- A. The massager is designed with 15 minutes auto shut off after continuous running.
- B. When you want to change the massage head, please turn off the device firstly.
- C. All indicator light is red.
- D. Each press comes with one "beep" sound.
- E: When charging, the buttons do not respond.

# Massage Head Application

#### M & L Ball Head

Suitable for bulk muscle groups such as arms, thighs



#### Flat Head: Suitable for all parts of the body



#### Fork Head: Suitable for neck, spine, and achilles



### **Bullet Head:**

Suitable for the joint, deep tissue massage, precise massage



# **Air Cushion Head:**Suitable for tigger points



# Specifications

Adapter: Input: AC 100-240V 50/60Hz Output: DC 13V --- 1A

Power: 18W

Battery Capacity: 2500mAh

Charing Time: 2.5h Operating Time: about 4h

Product size: 10.5 x 10.6 x 3.8inch Weight: 2.23lb

## Package

RENPHO Massage Gun x 1
Massage Head x 6
Rechargable Battery x 1
AC Adatper x1
Storage Box x 1
User Manual x 1

## Troubleshooting Guide

Common problems	Cause	Solutions
The product does not work	<ol> <li>Disconnected power or loose plug causing poor contact.</li> <li>The power switch is off or the 15 mins timer is reached.</li> <li>The motor auto shut off due to the device being on too long activating overheating protection.</li> </ol>	1. Replug to the power source. 2. Turn the power switch on again. 3. Use the massager after the motor cools off naturally.
The massage intensity is too high or too low	Massage head is positioned at the wrong angle.	Adjust the head angle to get the moderate intensity

## **Customer Service**

If you have any product questions or concerns, don't hesitate to contact us at support@renpho.com or call customer service hotline: 1-(844)-417-0149 (9:00AM- 4:30PM)

We have an award-winning warranty, exchange, and customer service team that guarantees hassle-free solutions to any issue you might have within 24 hours.

# Warranty (1-Year Period)

The manufacturer's warranty is void under the following circumstances but not limited to:

- 1. Improper or inadequate maintenance or modification.
- 2. Accident, misuse, abuse, contamination or other external causes.
- 3. The use of unspecified adapter and accessories.
- 4. Loss or damage in transit.
- Damages that occurs as a result of one's failure to follow the instructions.

This warranty does not apply to expendable or consumable parts and does not extend to any product from which the serial number has been removed.

#### **FCC Statement**

- 1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including

interference that may cause undesired operation.

FCC Statement NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or

- more of the following measures:

   Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help with the supplied fastener. DO NOT hang the unit by the power cord.

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