

# VOGUE

OCT

**YOUTH IN  
REVOLT**  
THE ACTIVISTS  
DEFINING THE  
CLIMATE DEBATE

**MR.  
AMERICA**  
INSIDE THE  
PRIVATE  
WORLD OF  
RALPH LAUREN

GAME OF THRONES  
**OLIVIA  
COLMAN**  
FROM OSCAR GLORY  
TO THE CROWN

# FALL FASHION

COZY WEEKENDS, ROMANTIC NIGHTS  
STARRING HAILEY BIEBER & FKA TWIGS



# THE PROFESSIONAL: Rosemarie Ingleton, M.D.



## ISLAND TIME

POWERED BY JAMAICAN SUPERFRUITS, INGLETON'S NEW LINE SHOULD BE A HIT WITH HER FANS, WHO INCLUDE CHRISSY TEIGEN AND IMAN.

As one of the country's most prominent dermatologists of color, Rosemarie Ingleton, M.D.—an assistant clinical professor of dermatology at Mount Sinai Hospital in New York—knows a thing or two about pigmentation.

“Discoloration is the number-one complaint I get from my patients who are people of color,” says the Jamaican-born Ingleton, whose clients have included Chrissy Teigen and Iman, as well as Ashley Graham and Adriana

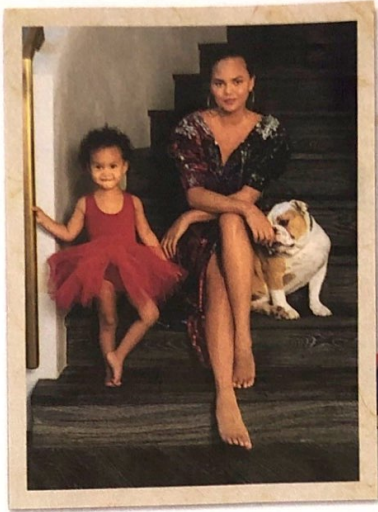


Lima. Now she's combining 23 years of experience and her Caribbean heritage into a just-launched skin-care range that features a signature moisturizer plus four boosters to combat discoloration, fine lines, breakouts, and irritation. But Rose Ingleton MD Skincare, as the streamlined system designed for all skin tones is called, isn't your average dermatologist brand. "I wasn't seeking to do prescription-grade products," says Ingleton, who focused instead on ingredients sourced from her childhood. Each product contains a Jamaican superfruit blend—five botanical extracts, including skin-resurfacing sugarcane—along with targeted additions, such as anti-inflammatory sea whip, a marine organism harvested from the Caribbean Sea. "It's funny," she says. "The stuff that really works has been around forever."

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THE IT INGREDIENT:  
**Bakuchiol**

Dermatologists have come to a consensus on at least one viable solution for delaying the aging process: “Retinol is the holy grail,” Mona Gohara, M.D., an associate clinical professor of dermatology at Yale University, says of the vitamin A derivative known for increasing collagen production and reducing collagen breakdown. But its less desirable outcomes—peeling, dryness, redness, and the fact that it's classified by the FDA as a category C drug, which carries potential risks for expectant mothers—can often outweigh its benefits. Enter bakuchiol, a plant-based retinol alternative gaining traction in skin-care circles. “It has vitamin A's benefits without the side effects,” says Gohara of the botanical distilled from the seeds and leaves of the Indian

babchi plant, which has been used for centuries in Ayurvedic medicine to treat skin conditions. Clinically comparable to retinol but with none of the irritation, bakuchiol is safe for most skin types. And unlike retinol, which breaks down in the sun, it can be worn during the day—a boon to new products from brands such as Herbivore Botanicals and Beautycounter. While the early research is promising, Miami-based dermatologist Leslie Baumann, M.D., isn't ready to abandon retinoids, which have been “proven in dozens of studies to work.” But “women want choices, and now they have them,” notes Gohara—especially women with sensitive skin and those who are expecting. One of bakuchiol's added perks: It's safe to use while pregnant and nursing. —BAZE MPINJA

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