

the doctors are in (again)

PHYSICIANS HAVE BEEN MAKING SKIN CARE EVER SINCE LOUISE BROOKS WAS THE WORLD'S BIGGEST INFLUENCER (DR. ERNO LASZLO LAUNCHED HIS LINE IN 1927). AND THE LATEST GENERATION IS BRINGING EFFICACY—AND INCLUSIVITY—TO NEW LEVELS.



EIGHTH DAY

Reconstructive surgery is an unlikely inspiration for skin care, but post-surgery “we place a nutrient-dense membrane dressing over a wound, which helps to tap into the body’s healing mechanisms,” says Antony Nakhla, a dermatologist and Mohs micrographic skin cancer surgeon in Newport Beach, California. “I wanted to mimic that in a topical delivery system that could stimulate cell renewal and collagen formation.” His Peptide-Rich Plasma (in a serum and eye cream) is a blend of 24 peptides, amino acids, and growth factors that are biologically similar to those found in human skin cells and proven to stimulate wound healing and collagen synthesis. “These bioidentical ingredients can communicate with cells to trigger a cascade of repair and healing,” says Nakhla. By doing so, third-party clinicals have shown that Eighth Day products, like the Regenerative Serum [1], help increase skin elasticity and firmness.

ROSE INGLETON MD

“This entire brand came to be because of treating the same skin issues in my practice over the last 20 years—like melasma and dark spots—especially for my patients with darker skin,” says Rosemarie Ingleton, a dermatologist in New York City. Jamaica-born Ingleton infuses all her products with a Jamaican SuperFruit Blend: “These are the plants and fruits that I grew up around and their botanical extracts, like ascorbic acid in oranges and lemons, and glycolic acid derived from sugarcane, are proven to gently exfoliate the skin and help with problems like pigmentation.” She started with a single product, Signature Moisturizer [2], and then created four booster serums to address specific concerns such as uneven texture, acne, and hyperpigmentation. The Blemish Control Booster, for example, combines fruit acids with lactic and malic acids to keep pores clear.

4.5.6. SKIN

“Our small team of founders are the 4, 5, and 6 that our line caters to,” says Carlos Charles, a dermatologist in New York City, referring to the Fitzpatrick classification system that dermatologists use to categorize skin tones, with 4, 5, and 6 being olive skin and darker. “We know firsthand about the struggles of having melanin-rich skin.” (His partners are a pharmacist and a veteran business executive.) There are currently six items in the line, including Sevenly Delight Brightening Concentrated Serum [3], which uses azelaic acid and vitamin C to target discoloration. Or you can personalize your formula: “On our website, you choose your skin type and what you are looking to treat. With that info, we create a bespoke formula that will most effectively improve your skin,” explains Charles. “Because our pharmacist oversees all the formulations at our lab in France, we are in control of what goes into each product.”

DR. LARA DEVGAN SCIENTIFIC BEAUTY

“My products represent a very surgical concept—beauty is in the details and improvement is found in the millimeters,” says Lara Devgan, a plastic surgeon in New York City. To refine the skin’s tone and texture, she combines high concentrations of clinically proven actives (like 15 percent vitamin C) with other skin-care stars, such as collagen-boosting peptides and barrier-repairing ceramides. “It’s not just the concentration of active ingredients that’s important, but how they play with others in the formula,” she says. Her Hyaluronic Serum, for example, contains mixed molecular weights of hyaluronic acid to hydrate different layers of the skin, as well as niacinamide and glycerin. The best seller, though, is her Platinum Lip Plump [4], which pairs hyaluronic acid with niacin to approximate (temporarily) in-office injections. —GINA WAY



1



2



3



4



Allure Beauty Box

A FELINE FLICK

Every great cat eye requires two things: a precise liner and a shimmery shadow that I can use to highlight my artistry. Tarte’s Quick Stick Waterproof Shadow & Liner in Rose Gold Luster & Black comes equipped with both. The thin, charcoal-black liner is one of the smoothest pencils I’ve used (and I’ve tried just about every gel, liquid, and pencil out there). The creamy texture glides along my lash line seamlessly, creating a smooth wing. Then I scribble the metallic, rosy shadow stick (which has more of a golden payoff on my brown skin) at my inner corners and smudge the shadow for a soft finish. It’s anywhere eye makeup—and it looks good everywhere.

—GABRIELA THORNE

*The November Allure Beauty Box includes Tarte’s Quick Stick Waterproof Shadow & Liner in Rose Gold Luster & Black along with six other products (\$23 per month). Go to allure.com/beautyreporter to subscribe to the Allure Beauty Box by October 31 and get this eye duo (while supplies last) and more delivered to your door.

