# **NUTRITIONAL CARE**





## **FEATURES:**

### MiVeda Health Care products :

· Probiotic

www.miveda.com

- · OPC Anti-Oxidant Capsules
- · Colloidal Mineral Drink

*MiVeda Probiotic* is a fantastic way to increase the healthy bacteria in your gastrointestinal tract. By taking a Probiotic (which includes a prebiotic) you can feel better and reduce many intestinal symptoms caused by too many bad bacteria.

**OPC Anti-oxidant** is developed using the purest of plant based certified organic wellness ingredients, adopted from the ancient wisdom of indigenous plant phytotherapeutic therapies and backed by modern scientific confirmation.

**Colloidal Mineral** solution comes from naturally derived water extracted from a prominent Australian location. Although natural and pure, it cannot be certified because it is not possible to certify water and minerals as organic (by definition).

MiVeda Nutritional Care products are free from artificial fragrances, colours and biocidal preservatives. We believe that they are the finest active wellness products Mother Nature can provide.

#### Made in Australia



### **FEATURES:**

### **PROBIOTIC** (MIV703)

### Super-Synbiotic Powders that are Better by Billions

- Better Research
- Better Probiotic Strains
- Better Viable Cell Counts
- Better Survival Through the Stomach Acid
- · Better Prebiotics to boost Viable Cell Counts (Equivalent to more than a trillion per serving)
- Better Value



### **FEATURES:**

#### **The Research**

The special probiotic strains and the world-leading super-synbiotic concept were developed in conjunction with the government-funded Cooperative Research Centre for Food Industry Innovation which included researchers from the University of NSW, CSIRO and industry. The superiority of the cultures was also confirmed by research carried out by the NSW Department of Primary Industry.

### The Cell Count

The total viable cell count for the MiVeda Prebiotic<sup>®</sup> is 30 billion per 5g serving, consisting of 15 billion Lactobacillus helveticus LAFTI<sup>®</sup> strain L10 (originally named L. acidophilus LAFTI<sup>®</sup> strain L10) and 15 billion Bifidobacterium lactis LAFTI<sup>®</sup> strain B94 (or strain BLC1).

### A Combination of Prebiotic, Fibre Boosters

Inulin rapidly boosts the Bifidobacteria, particularly in the ascending colon. These already increased cell numbers are then further boosted by the arabinogalactan (FiberAid®) as they travel through the remainder of the colon. In a pig experiment carried out by CSIRO scientists using similar combinations the boost effect was close to 50-fold. The lactobacilli are cross fed by the Bifidobacteria as well as being boosted by the trehalose. There is not enough room in a capsule to fit effective amounts of prebiotics.



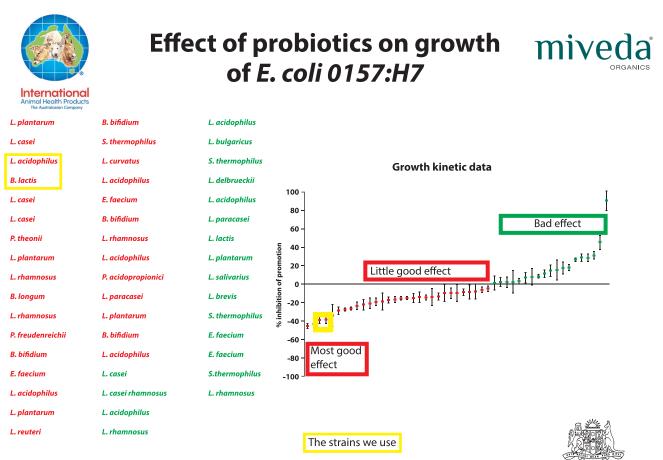


#### Improved Survivability

Capsule products dissolve in stomach acid and the freeze-dried culture cells have to suck in this concentrated hydrochloric acid in order to rehydrate and come back to life. With a powder, the cells rehydrate and come back to life in water and do not need to suck in damaging acid. This results in a much higher survival rate through to the intestines.

### **Better Value**

Although the boost effect will vary from person to person, it is estimated that a 5g serving of MiVeda Probiotic is probably equivalent to taking many dozens of capsules of the best alternative product at once.



NSW DEPARTMENT OF

NUTRITIONAL CARE

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PROBIOTIC



### **Nutrition Fact**

AVERAGE QUANTITIES	PER 5g	PER 100g
Energy	59.1 kJ	1181.9 kJ
Protein	0.1 g	1.1 g
Fat	0.0 g	0.3 g
<ul> <li>Saturated</li> </ul>	0.0 g	0.0 g
Carbohydrates	2.3 g	46.8 g
<ul> <li>Sugars</li> </ul>	1.9 g	38.4 g
Trehalose	1.8 g	36.0 g
<ul> <li>Glucose + Fructose</li> </ul>	0.0 g	0.9 g
Sucrose	0.1 g	2.1 g
Dietary Fibre	2.4 g	47.8 g
<ul> <li>Arabinogalactan</li> </ul>	1.1 g	21.0 g
• Inulin	1.3 g	26.7 g
Sodium	0.0 mg	0.0 mg

### **INGREDIENTS:**

Trehalose, Dietary Fibre (Arabinogalactan from the Larch Tree, Inulin), Culture. Contains traces of soy. No artificial colours, flavours or preservatives added.



### **FEATURES:**

### **OPC ANTI-OXIDANT CAPSULES** (MIV702) Whole food Supplement providing essential vitamin and antioxidant nutrition for healthy, happy living

### Oligomeric Proanthocyanidins

Certified Natural and Organic OPC Extract is a highly concentrated natural extract with



a minimum of 90% Polyphenols, including Oligomeric Proanthocyanidins (OPCs) and Flavonoids, which are the potent water-soluble free radical scavenging compounds found in Grape Seeds and Pine Bark. A growing body of research indicates that OPCs may help to support the health of vascular, bone, kidney, brain and other tissues by supporting a healthy, balanced immune response to oxidative and metabolic stress. Among the many benefits attributed to flavonoids are reduced risk of cancer, heart disease, asthma, and stroke and they play a special role in protecting the brain.

Flavonoids, like other antioxidants, do their work in the body by corralling cell-damaging free radicals and metallic ions. The beneficial effect of the product appears to be largely due to the antioxidant effects of oligomeric proanthocyanidins and flavonoids on aging mitochondria. Mitochondria are the primary energy-producing components of cells.

Flavonoids exert their anti-oxidant activity through donating electrons, thereby quenching free-radicals at a cellular level. Flavonoids can protect cells from different insults that lead to mitochondria-mediated cell death. The mitochondria is a key participant in the life- supporting function of ATP synthesis (Adenosine Triphosphate synthesis).

### HOW TO USE IT :

Take one capsule twice a day – preferably with meals. Do not eat the moisture absorption packet. Enclosed in the bottle natural colour variation may occur in this product. Store in a cool, dry place after opening.

### WHEN TO USE IT :

It is suitable for everyday use for people of all ages above the age of 10 years. Younger people may take a reduced amount but with consultation with a doctor.

### **KEY FLOWER & PLANT INGREDIENTS :**

- Organically certified Grape Seed Extract
- Organically certified Tumeric Extract
- Organically certified Ginkgo Extract
- Organically certified Pine Bark Extract

**INGREDIENTS :** Vitis Vinifera (Grape) Seed Extract\*, Curcuma Longa (Tumeric) Root Extract\*, Gingko Biloba Extract\*, Pinus Stobus (Pine) Bark Extract\*, Lycium Barbarum (Goji) Fruit Extract\*, Emblica Officinalis (Amla) Fruit Extract\*, Pullulan\*, Vitamin E.

### \*INGREDIENTS FROM ORGANIC FARMING

Natural and Organic Cosmetic certified by ACO under the COSMOS Standard (available at: https://cosmos-standard.org).

COSMOS ORGANIC : 99.1% of the total ingredients are from natural origin. 10% of the total ingredients are from Organic Agriculture. 30.2% organic of total ingredients, minus water and minerals.

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COLLOIDAL MINERAL

250ml

### **FEATURES:**

### COLLOIDAL MINERAL DRINK (MIV701)

Supplement your minerals and trace elements with a daily dose of natural Colloidal Minerals

#### SUPPLEMENTAL SOURCE OF TRACE MINERALS

- No artificial flavours
   No artificial colours
- No synthetic actives

### WHAT IT IS :

MiVeda *Colloidal Minerals* is comprised of highly absorbable, water-soluble minerals derived from colloidal mineral plant deposits that are harvested from a prominent Australia state. Each serving has naturally occurring amounts of many major minerals and trace elements. These colloidal minerals were created ages ago when they became incorporated into the living plants, fruits and vegetables of that era. These trace elements helped to form the luscious vegetation which contributed to the vibrant life which flourished on our planet. The *Colloidal Mineral Solution* contains up to 70 trace elements including but not limited to: Antimony, Beryllium, Boron, Calcium, Chromium, Cobalt, Copper, Iron, Lithium, Magnesium, Manganese, Molybdenum, Phosphorus, Nickel, Potassium, Selenium, Silver, Sodium, Strontium, Sulphur, Tin, Zinc, and many more minerals.

It is a powerful natural health mineral supplement and has many uses and applications. It is impossible to over-estimate the importance of minerals and trace elements for the human body. They are the catalysts for vitamins and other nutrients your body uses for developing and maintaining good health. MiVeda *Colloidal Mineral Drink* captures the perfect balance of trace minerals your body needs. Ideally, minerals should come from eating a raw food diet (and obviously mineral water can be considered a food). However, even eating a raw solid food diet will probably not be adequate since researchers have proven that most agricultural soils have been depleted of minerals. Therefore if minerals are not in the soil which grows your food, there can only be a depleted uptake into your food which is harvested from these soils. Here is where MiVeda *Colloidal Mineral Drink* helps support a diet deficient in trace minerals and elements. Taken every day, it helps ensure you are getting a full spectrum of trace minerals, which are the same kind of bioavailable minerals that are found in foods.

#### HOW TO USE IT :

Serving Size: 5 mls once or twice daily

#### REFRIGERATE AFTER OPENING. KEEP OUT OF REACH OF CHILDREN.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Using MiVeda *Colloidal Mineral Drink* every day may help maintain healthy energy levels in your body by providing your body's entire system with the minerals it needs to function properly.

MiVeda Colloidal Mineral Drink is an all natural mineral concentrate that is made by using our proprietary harvesting process.

**Caution : Recommended for adults.** Consult a physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of young children.

**Serving Suggestions :** This product is all natural and contains no added flavours or sweeteners. We can mix it with juice or food. You may chose to begin your regimen by taking 10 drops for 3 consecutive days. Each day thereafter, increase serving by 10 drops up to 5 mls twice daily.

Children age 2 to 10 : Take 1 drop for every 3 kgs of body weight, but only after consulting with a doctor.

**INCREDIENTS :** A typical batch will have: Water, Sodium Benzoate, Potassium Sorbate and the following minerals naturally occurring in trace or larger amounts: Antimony, Beryllium, Boron, Calcium, Chromium, Cobalt, Copper, Iron, Lithium, Magnesium, Manganese, Molybdenum, Phosphorus, Nickel, Potassium, Selenium, Silver, Sodium, Strontium, Sulphur, Tin, Zinc, and many more minerals.