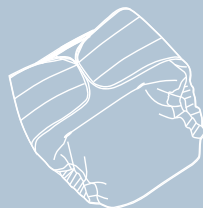
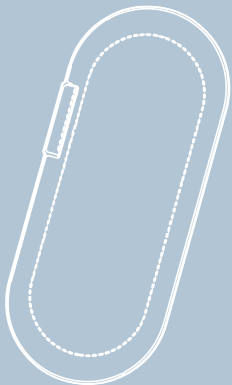


Nappy Bag Checklist

- 1 x Pack of Wipes
- 1 x Nappy Rash Cream
- 1 x Change Mat
- 2 x Burp Cloths or Bunny Rugs
- 2 x Muslin Wraps
- 1 x Change of Baby Clothes
- 1 x Cardigan
- 1 x Hat or Beanie
- 2 x Bibs
- 2 x Toys or Comforters
- 1 x Blanket
- 2 x Pacifiers
- 2-3 x Nappies
- Breast Pads, Nipple Cream and Nipple Shields
- Formula, Bottles and Insulated Bottle Holder
- Mini First-aid Kit

ITEMS YOU MAY WISH TO CONSIDER

- Reusable or Waterproof Bags
- Sensitive skin Sunscreen, Sunglasses and a Broad-brimmed Hat
- Hand Sanitiser
- Insect Repellent
- Sleepwear or Pyjamas
- Muslin Face Washers
- A spare Top for you
- Snacks and Reusable Cutlery
- Water Bottle
- Small pack of Tissues
- Portable Charger
- Headphones



Scan here to read the blog article!

Notes: _____

Nappy Bag Checklist

LOOK FOR A NAPPY BAG THAT

1. Fits on or underneath the Pram
2. Stands upright when placed on a flat surface, so the contents doesn't fall out
3. Is accessible with one hand
4. The weight and size doesn't give you a sore back or shoulders
5. If there is an included Change Mat, ensure that this is detachable for easy use and cleaning
6. Is waterproof or easy to clean



Notes: _____
