

Baby Change Table Checklist

You will spend a lot of time changing your baby, especially in those first few months of life, however Change Tables are not only used for changing nappies! You will most likely dress and undress your little one, partake in baby massage, sponge baths and personal care with your baby. That's why we've put together this helpful list of essential items that you will need when setting up your Baby Change Table.

CHANGING ESSENTIALS

- 15-20 x Nappies
- 1 x Pack of Baby Wipes
- 1 x Nappy Change Cream or Barrier Cream
- 1 x Roll of Nappy Bags
- 1 x Nappy Bin/Pail and Liners
- 2-3 x Baby Teethers or Comforters
- 2-3 x Changes of Clothes
- 1 x Pack of Disinfectant Wipes
- 2-3 x Hand Towels
- 2 x Muslin Wraps or Bunny Rugs
- 2 x Pacifiers and holders
- 1 x Nappy Caddy

PERSONAL CARE ITEMS

- 1 x Baby Lotion
- 1 x Massage Oil
- 1 x Thermometer
- 1 x Baby Hairbrush
- 1 x Baby Nail File or Nail Clippers
- 2 x Muslin Face Washers
- 2 x Bibs
- 2-3 x Hooded Towels



PUREBABY TIP:

Pump bottles are a great idea and easy to use with one hand!



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ITEMS YOU MAY WISH TO CONSIDER

- 1 x Bottle of Hand Sanitiser
- 1 x Pack of Cotton Pads
- 1 x Bottle of Saline
- 1 x Laundry Basket
- 1 x Night Light or Soft Lamp
- 1 x Baby Bath or Small Bowl
- 1 x Aspirator



Notes: _____
