THE KINDNESS ADVENT CALENDAR

1 Give a hug to someone who needs it.



2 Talk to someone new at school.



3 Smile at everyone you see today.



4 Make a present for someone.



5 Bake a cake for someone.



6 Leave a happy note on someone's car.



7 Hold the door open for others.



8 Clean up after dinner.



Make a donation to the food bank.



10 Apologise to someone who you have upset.



Write a letter to a friend.



12 Make thank you cards ready for after Christmas.



13 Help to cook dinner.



14 Let someone else go first.



15 Do a job for mummy without her knowing.



16 Paint kindness rocks and hide them.



17 Give someone a compliment.



18 Tidy up your bedroom.



190ffer to help someone.



20 Phone someone you love and tell them.



Read a story to someone.



Tell someone you love them.



23 Make someone laugh.



24 Remember the real reason for the season!

