

## Supplements for overall health and well-being!



Est. 1987	DAI	LY ES	SENT	IALS	PEAK PERFORMANCE					SUPERIOR RECOVERY					WELL-BEING											
When:	Race Caps Supreme	Premium Insurance Caps	Mito Caps	EndurOmega	Anti-Fatigue Caps	Endurance BCAA+	Race Day Boost	Energy Surge	Fully Charged	Tissue Rejuvenator	Super Antioxidant	A0 Booster	Xobaline	REM Caps	Phytomax	Digest Caps	Boron	Chromemate	Phytolean	PSA Caps	Nasol	Clear Day	LSA	EnduroZyme	Essential MG	
As a daily supplement for overall health*	<b>✓</b>	✓	✓	✓						<b>✓</b>	<b>✓</b>	✓	✓	<b>✓</b>	✓	<b>✓</b>	<b>✓</b>	<b>✓</b>		✓			✓		<b>✓</b>	
Before exercise	<b>✓</b>	✓	✓		✓	✓	✓	<b>✓</b>	✓	<b>✓</b>																
During exercise	<b>√</b>	<b>V</b>	<b>V</b>		✓	✓		✓	<b>√</b>	<b>√</b>	<b>√</b>															
Post exercise	<b>✓</b>	✓	✓	✓		✓				✓	✓	✓	✓				✓	<b>/</b>							<b>V</b>	
Before a meal/food																			<b>✓</b>					✓		
With a meal/food		✓	✓	✓						✓	✓	✓			<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>						<b>√</b>		
Before bedtime														<b>✓</b>						<b>✓</b>					<b>V</b>	
As needed when symptoms arise										✓						<b>✓</b>			✓	✓	✓	<b>✓</b>				

<sup>\*</sup>It's always a good idea to take a daily supplement with food or a meal unless otherwise stated on the label.













