FULLY CHARGED

HAMMER

Introducing new sachets

- Pre-Exercise Ignitor
- Increases energy
- Improves power output
- Natural tart cherry flavour



WHAT IS IT

Fully Charged pre-exercise formula gets you prepared - mentally and physically - for each and every workout or event.

BENEFITS

Reduces warm-up time, increases cardiovascular capacity, prevents lactic acid build up, and raises energy levels.

HOW TO USE

Mix one sachet in 120-180ml of water and mix thoroughly.

WHEN TO USE

Consume 30 mins prior to exercise. Use during prolonged workouts

or races every 3-4 hours.



