

PATIENT INFORMATION

Name: John Doe
 Gender: Male
 DOB: 1/13/1991 (27 yrs)

BMI: 37.2
 Height: 6 ft 2 in
 Weight: 290 lbs
 Waist: 33 in

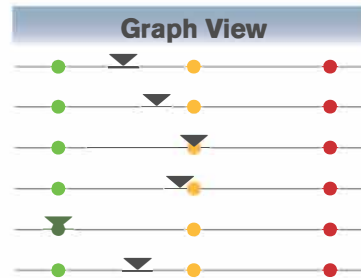
Samples Collected:
 Blood Spot: 04/04/18 07:15

2018 04 10 308 SB



TEST RESULTS

Blood Spot CardioMetabolic Markers		
Test Name	Result	Range
Insulin	5.8	1-15 μ IU/mL (optimal 2-6)
Hemoglobin A1c	5.4	<6%
Triglycerides	108	<150 mg/dL
Cholesterol	150	<200 mg/dL
HDL	41	40 mg/dL or higher
LDL Cholesterol	87	<130 mg/dL (optimal <100)



LIVING A HAPPIER
 HEALTHIER AND
 LONGER LIFE
 STARTS HERE

The above results and comments are for informational purposes only and are not to be construed as medical advice. Please consult your healthcare practitioner for diagnosis and treatment.

health
 in a box

4120 Yonge Street
 Suite 306
 Toronto
 M2P 2B8

416-222-5880
 contact@healthinabox.com
 healthinabox.com