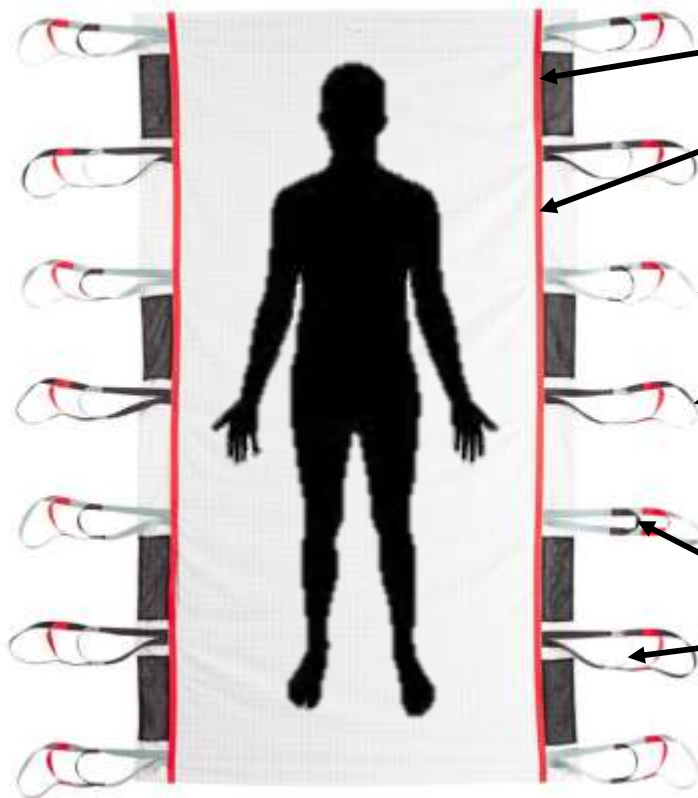


Safe Handling Sheet: Seated Sling Instructions



Attach the **red vertical sling loop attachments** near the patient's head and shoulders usually the first 2-3 attachments depending on the patient's size and position on the sheet.

Attach **the most distal sling loops on the hanging sling loop attachments** to the 1-2 across the patient's hips. This will create a dip in the sling for the patient to sit into.

Attach 2-3 **sling loops most proximal to the patient on the hanging sling loops**. This will gather under the patient's knees and lift the hips to position the patient in a sitting position with hips hanging lower than knees.



Ensure patient is seated properly in the sling with knees above hips prior to leaving the bed surface. Hips should be properly positioned in the 'dip' created with the long sling loops at the patient hip level.

This technique is not recommended for patients with:

- Unpredictable movement
- High muscle tone, unable to bend at the hips
- Post-surgical posterior hip precautions

*Always use caution and ensure the patient will not slide out of the sling. Improper configuration of the sling loop attachments may create an unsafe lift. For any safety concern or if proper positioning cannot be achieved, the use of a seated sling is recommended in place of this technique.