

# SLING INSTRUCTION SHEET

## DELUXE WALKING SLING

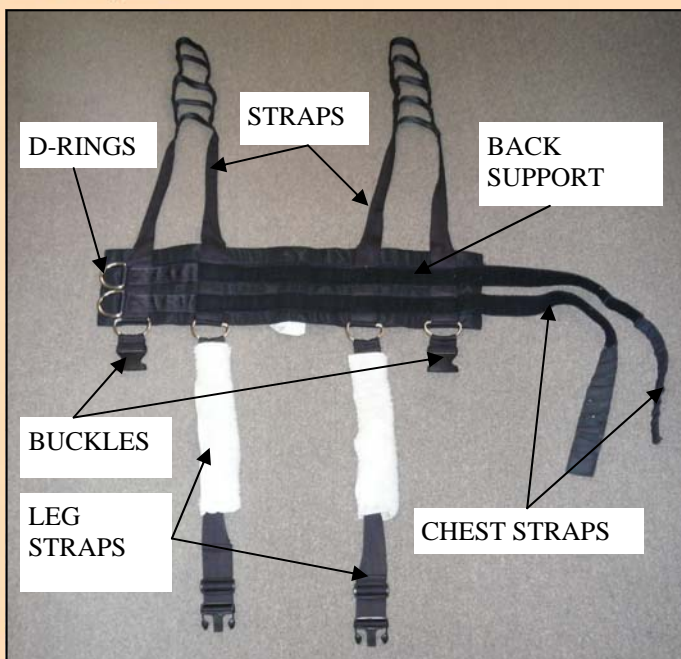
### GENERAL GUIDELINES

Under no circumstances should any Waverley Glen Lift System be put in the control of persons who have not received proper training in its operation. If operated improperly, this lift system can cause serious injury.

Although the lift system is designed to be operated by an attendant, it may be operated by an unattended individual, providing this person has been properly trained in the system's use. The safety of both the attendant and the individual depends upon strict adherence to the following guidelines:

1. All instructions pertaining to the operation of the lift system should be read prior to the system being put into use.
2. Do not, under any circumstances, exceed the system's standard working load.
3. Prior to using the sling, make a visual inspection for signs of wear. Look for fraying, cuts, or tears in the material of both the sling's body and straps.
4. The sling must be positioned properly under and around the individual, to ensure a balanced lift.
5. The lift system is not a toy; do not use it for unsafe practices.

In facilities when more than one staff member is responsible for operating the lift system, it is imperative that all such members be trained in its proper use. A training and orientation program should be established by the facility to acquaint new caregivers with the system.



### FROM A SEATED POSITION



1. With the individual seated in the wheelchair or chair, position the back support of the sling on the patient's back. The back support of the sling should be placed under the arms of the patient. Loop the chest straps through the two D-rings and secure using the Velcro strips located on the chest straps.



2. The leg strap should be fitted by slipping the sheep skin padded portion around the patient's thigh. Adjust the sheep skin material around the thigh as required. The leg strap should be secured with the buckle. Repeat procedure for the other leg in the same manner.



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### FROM A SEATED POSITION CONTINUED



3. The straps can be attached to the carry bar. We recommend the first loop be used as an initial starting point. The straps should bear the same weight distribution.



4. Raise the carry bar such that the straps begin to tighten. At this point, check to ensure that the straps are connected to the carry bar prior to proceeding. Continue lifting the patient. During the lift if the sling feels uncomfortable, the patient should be lowered and the straps and/or leg pieces re-positioned.



5. In order to attain the best vertical positioning, the leg pieces on the back of the patient may need to be re-positioned (slide inward). During the lift the patient should have access to parallel bars (or similar device) which is used to assist in lifting to an upright position, as well as for support. Once sufficient height is attained, the patient can proceed with walking exercises.

### SPECIAL INSTRUCTIONS

Prior to proceeding with the actual use of this sling, the following information and instructions should be reviewed carefully to ensure a proper understanding of the use of this sling is obtained. This sling may not be practical for use by all individuals.

This sling is designed to allow an individual to be lifted vertically from a sitting position in a wheelchair and placed into an upright position for walking. The sling itself is fitted around the chest and leg straps are fitted around the thighs and then the individual is lifted. It is best suited to an environment that has an assistive device for walking (eg. Parallel bars, hand railings, etc.)

This sling will normally require several fittings in order to determine the best fit for each individual.

Please consult your authorized representative should you require this sling for individuals who are unable to assist with this process.

The deluxe walking sling should be checked regularly to ensure cleanliness and that no fraying has occurred in the body of the sling or straps. Please contact your authorized representative if you have any concerns about the sling.

### WASHING INSTRUCTIONS

The sling should be hand washed because the metal rings and plastic seat belt may damage the washing machine or vice versa. The sling should be hung to air dry. Warm wash with mild detergent is recommended.

