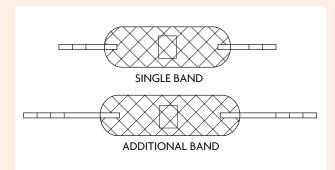
SLING INSTRUCTION SHEET DISPOSABLE BAND SLING

The Band Sling is designed to assist health care staff with the support and positioning of limbs. Providing proper limb support can assist staff with wound dressing, wound preparation, leg/venous wrapping, foot care, cleaning and a variety of other care related tasks.

The National Association of Orthopaedic Nurses (NAON)¹ recommends that limb lifting be limited to a maximum of 11.1 lbs. The average weight of a 200 lb. patient's leg is approx. 35-37 lbs.

It is important the sling be applied as to reduce the risk of skin irritation during the application process. See pictures for demonstration.

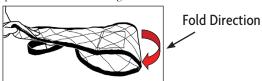


NOTE: THE DISPOSABLE BAND SLING COMES AS THE SINGLE BAND. TO OBTAIN THE ADDITIONAL BAND, TWO (2) PART NUMBER 507770 MUST BE ORDERED.

PART #	DESCRIPTION	WEIGHT CAPACITY
507770	Disposable Band Sling	450 lbs

APPLYING THE SLING

1. It is recommended that the sling be folded in ½ or ½, such that the strap is folded under the sling.



2. The sling should be inserted under the leg/limb in areas of limited leg-bed contact, for example the back of the knee. Make sure strap is not touching the skin.







3. Once the sling is in place the folded portion of the leg strap can be removed gently, avoiding skin contact.





In some cases, due to limb size or technique, it may be advantageous to utilize two Disposable Band slings. This may require the Disposable Band slings to be moved away from the wound area during the procedure, but does provide maximal support.

The Disposable Band sling can also be applied through the standard, log roll application method.

SPECIALTY APPLICATIONS

Due to the limited amount of material utilized in the construction of the Disposable Band sling it may be an excellent choice when turning patients, elevating particular areas of the body for easier access.

- Placed under the hips it allows a slight elevation of the hips, into a slight pelvic bridge position.
- Placed under the shoulder, it allows elevation of the shoulder/torso for access to the head, scalp, hair etc.

The "Disposable Band Sling" system, used for lifting/ transferring is not suitable for all individuals. This method of use, requires that the client have a great degree of upper body strength, trunk control, endurance, cooperation and cognition. It is important that each client be assessed by a registered health professional prior to the use of this system for lifting and transferring.



¹ Recommended Weight Limits for Lifting and Holding Limbs in the Orthopaedic Practice Setting

Thomas R Waters; Carol A Sedlak; Cynthia M Howe; Cynthia M Gonzalez; Margaret O Doheny; Miki Patterson; Audrey Nelson Orthopaedic Nursing; March/April 2009; 28, 2.

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FROM A SEATED POSITION



1. The longer band is used for the legs, while the shorter one is used for the back. Slide the leg band under one of the individual's thighs.



2. While the individual leans forward, slide the rest of the sling under the second thigh and adjust it that it's even on both sides.



3. Take the back band and slide it down the back of the individual so that it will be positioned just below the inside of the arms.



 Gently slide the two ends of the strap through each side such that it will be positioned between the side of the chest and upper arm.



5. Attach appropriate leg and back straps to carry bar for the desired inclination. Raise the individual by pressing the 'Up Arrow'. check to ensure that all straps are securely attached to the carry bar.



The individual can now be raised to the desired height moved along the track to the desired location.

SPECIAL INSTRUCTIONS

This sling may not be practical for use by all individuals. It is designed to allow an individual to be lifted and repositioned in a supine manner without producing flexion at the hip area. It may also be utilized to roll or turn for a frequent change of position while in bed.

Please consult with a health care professional trained in safe patient handling for more details or uses of this or other sling models.

WARNING - DO NOT WASH SINGLE PATIENT USE ONLY

If "\square" on this label disappears, discard sling immediately!



Note: Client-specific slings last for one to three months if not soiled or laundered. The Disposable Band Sling is made from non-woven polyester material that conforms to body contours and improves comfort and safety. As these slings are intended for only one client they help prevent infections from spreading, as well as eliminating laundry costs.

GENERAL GUIDELINES

Only people who have received proper training should attempt to use Prism Medical's Lift Systems. Improper use can lead to serious injury.

Please read and adhere to the following guidelines:

- 1. Read all lift instructions before using.
- 2. Do not exceed safe weight capacity.
- 3. Visually inspect the sling prior to using it (check for cleanliness, fraying, cuts, or tears to straps and/or material).
- 4. A balanced fit is a safe fit: position the sling under and around the individual.
- 5. Do not use the lift systems for anything but their stated purpose

All Prism Medical's loop-style slings are compatible with our complete range of carry bars.

To ensure anyone using Prism Medical's Lift Systems is properly trained, an on-going training program should be established. Contact your Prism Medical representative should you have further questions.

