

TOASTS

AVOCADO 5.5	AVOCADO, ARUGULA, CHIA SEEDS, SEA SALT, BLACK PEPPER + EXTRA VIRGIN OLIVE OIL ON 6 GRAIN BREAD
LOX 6.5	VEGGIE CREAM CHEESE, SMOKED SALMON, CUCUMBER + EVERYTHING SPICES ON 6 GRAIN BREAD
MEDITERRANEAN 5.0	CARROT HUMMUS, SPINACH, ROASTED TOMATO, PICKLED ONION + CRUCNHY SPROUTS ON 6 GRAIN BREAD
BISCUIT + JAM 3.5	LOCALLY BAKED BISCUIT, SLICED + GRILLED, SERVED WITH SEASONAL JAM AND CULTURED BUTTER

SANDWICHES

CHICKEN + BRIE 8.5	CHERRY PRESERVES, BRIE CHEESE, SPINACH + CHICKEN BREAST ON 6 GRAIN BREAD
SAMBAL SUNRISE 7.5	FRITTATA OF THE MOMENT, ARUGULA, HOUSE MADE FERMENTED CHILI AIOLI + BACON ON 6 GRAIN BREAD

ADD ONS

AVOCADO 1.0	CHICKEN 2.5	SMOKED SALMON 3.0
BACON 0.5	FRITATA 2.0	TOMATO 0.5

BOWLS

ACAI 8.0	ACAI SORBET TOPPED WITH HOUSE GRANOLA, BANANA, WALNUTS, DRIED FRUIT, COCONUT + CHIA SEEDS
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SMOOTHIES

CLEAN + GREEN 6.5	BLEND OF SPINACH, APPLE, BANANA, AND ORANGE JUICE
BANANA NUT 7.5	CHOCOLATE PROTEIN BLENDED WITH BANANAS, ALMOND BUTTER + ALMOND MILK
PROTIEN BERRY 7.5	VANILLA PROTEIN + MIXED BERRIES BLENDED WITH BANANA, ALMOND BUTTER + ALMOND MILK