



COURSE SYLLABUS

I. General Information

Course Title: *Love and Logic: Adults Supporting Youth with Special Needs*®

Course Facilitator: _____

Course Credit: _____

Target Audience: Parents with children of all ages, mental health professionals, and educators working with families, focusing on youth with special needs and/or cognitive disabilities.

II. Course Goals

This course has been designed to help participants learn skills for:

- building safe, healthy relationships
- empowering youth with special needs to be more self-reliant
- teaching daily living skills
- teaching youth with special needs healthy coping skills
- helping youth attribute success to effort

III. Course Description

This course follows the parent training program titled *Love and Logic: Adults Supporting Youth with Special Needs*®

This course has been designed for participants who already possess a good understanding of the Love and Logic approach. It's essential that participants have attended a previous Love and Logic class.

This program consists of four separate sessions, each of which teaches a different subset of skills. Each of these skill subsets is taught through the following media:

- Video presentations by Charles Fay, Ph.D., discussing, modeling, and providing examples of each skill
- Readings
- Structured group exercises and discussions

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IV. Course Outline and Objectives

Session One: Understanding Their Unique Needs and Gifts

Participants will learn:

- Understanding that every child is unique
- How to look at needs and not labels
- A process for reaching academically discouraged youth
- How to start on the right note
- How to answer difficult questions

Session Two: Maintaining Healthy “Can-Do” Expectations

Participants will learn:

- How to teach basic skills required for success
- Compliance skills
- Personal request skills
- Encouraging skills
- Coping skills

Session Three: Developing and Maintaining Positive Parent-Teacher Relationships

Participants will learn:

- Building a foundation of positive relationships
- The importance of leading with empathy
- Tips for problem-solving
- Sending messages of capability
- The P.A.R.E.N.T.S. process

Session Four: Reaching Discouraged and Resistant Learners

Participants will learn:

- How to apply the One-Sentence Intervention
- How to implement ‘accidental skill-building’
- How to attribute success to effort
- Why praise can backfire

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V. Evaluation

Between each session, participants will complete a Reaction/Experimentation Sheet, detailing what they believe to be the most valuable skill they learned in the previous session, how they experimented with this skill at home or on the job, and the results of their experiment.

A final exam will be administered after the last session.

VI. Bibliography

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