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As the Executive Director of Tranquil Parenting since 2016, and a dedicated parenting instructor specializing in high-conflict family dynamics and transitional support, Dr. Sonja L. Howell integrates Love and Logic principles and guidance. As the founder of the Transformative Mindset Instructional Design focused on promoting relevant interventions, accessibility, and inclusion, Dr. Howell is committed to guiding families through challenging transitions, ensuring smoother journeys during difficult phases.

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Cynthia M. Reynolds is a fully licensed LMSW in the state of Michigan licensed to practice Clinical and Macro Social Work. The LMSW is the highest level of licensing for Masters level Social Workers. She is also a Certified School Social Worker with over 20 years of experience working with children and their families. Cynthia is the Executive Director of First Family Counseling with 3 offices located in the metropolitan Detroit area. Her scope of practice includes, but is not limited to: Diagnosis of mental, emotional, or substance abuse disorders with a diagnostic code, Child or adult custody assessments and recommendations, Development of Social Welfare policy, Psychosocial assessment, Psychotherapy with adults and children, Treatment planning and Evaluation and Consultation regarding clinical issues. Cynthia also has an undergraduate Bachelors degree in Psychology.

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Forest earned her Bachelor of Science in Applied Learning and Development from the University of Texas School of Education. While serving families as a Preschool Director and Director of Camps, as well as Youth, Teen & Family Programs Director, she utilized her behavior management skills daily. Forest trained her teachers and supporting staff in empathetic and direct approaches to limit interruptions and frustrations. Personally, these skills have helped her with conflict resolution with others and with her 10-year-old son. It is her intention that your family will thrive as well.

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Agnes Helen Bellel, Ph.D. Agnes is a certified educator, consultant/trainer/advocate for individuals with disabilities. She is a Professional Development Specialist for Council for Professional Recognition/Child, Development Associate program based in Washington DC; and in this capacity, she has provided services, assessing and teaching individuals seeking to be certified as a bread Teacherb Head Start, Preschools, Infant/Toddlers Centers) who worked with children and their families birth to age 3 years old in the following states: Alabama, Florida, Georgia, Ohio, Michigan, Mississippi, Louisiana, etc. Also she was promoted as a full Professor of Technology at Alabama State University. She has taught as a Guest Lecturer, Adjunct and functioned as a Coordinator at Marygrove College (Detroit MI), Oakland University (Rochester Michigan), University of Michigan (Dearborn MI), Tennessee State University (Nashville Tennessee), University of Tennessee at Martin (Martin Tennessee). Her five degrees were earned at Wayne State University in Detroit Michigan. She has over 30 years of experience working with children and their families as an educator, compliance officer and administrator. Her scope of practice includes certified areas, but is not limited to: Emotionally Impaired, Mentally Impaired, Physically and Otherwise Health Impaired, Homebound, General Education.

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Through her 35 years of marriage to Gary, her four children including one with special needs, and all the blessings and challenges that have come her way, Deniseb breadth of experience reaches out through her amazing gift of encouragement.

Denises formal training in Education and Radio at Grand Rapids School of the Bible and Music has served as a great foundation in all her efforts. Denise is a Board Certified Master Christian Life Coach and is a member of the American Association of Christian Counselors and the International Christian Coaching Association. As well as a certified instructor with Parenting the Love and Logic Way from the Love and Logic Institute in Denver Co.

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Dr. Cummings-Pulliams is a full-time school psychologist with Wyoming Public Schools and coordinator of the early childhood program. Dr. Cummings-Pulliams received training at the Love & Logic Institute in 2002 to become an independent facilitator. She has facilitated parent training groups that focused on toilet training in a day, creating healthy sleep patterns & bedtime routines, and the importance of reading to young children.

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Dennis Hrcka has taught Parenting and Teacher Love & Logic classes for 10+ years. He has presented classes at various schools for teachers and parents and done several parenting classes through community churches.

Dennis has a Bachelor of Arts degree from Hillsdale College in Speech, English and Social Studies. He has Masters of Arts from Michigan State University in Elementary Education. He was an upper elementary public school teacher for 30 years, private school principal for 3 years, student teacher supervisor at Baker College for 3 years, and is now active as a substitute teacher. Father of 4 children, 2 step-children and 9 grandchildren. He became a Love and Logic Parenting Facilitator in 2002 and a classroom facilitator in 2006. He and his wife, Linda, present the classes together and feel strongly about the benefits of parenting or teaching the Love & Logic way.

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Curriculum : Early Childhood Parenting Made Fun!, 9 Essential Skills for the Love and Logic

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Curriculum: 9 Essential Skills for the Love and

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As a Certified Human Behavior Consultant and mother of 3 wonderful and challenging children, Karen's passion and drive is to empower and equip educators and parents with the tools to improve communication, increase productivity, reduce stress and conflict in our relationships. Karen's energetic presentations, seminars and workshop series have assisted individuals in understanding their own behavior traits as well as those of others to build more effective educational teams and improve relationships in their professional and personal life. Understanding human behavior is a foundation for understanding the motive and drive behind behavior. Love and Logic is the, "what do I do when they do it?" answer to challenging behaviors. Karen's presentations have been enjoyed by public, private and charter schools as well as other educational organizations in Michigan, Ohio and Indiana, noting that she was by far the most popular speaker we had.