



GOLO AND PROJECT FIT AMERICA TEAM UP FOR THE SECOND INSTALLMENT OF THEIR SCHOOL GRANT PROGRAM IN DELAWARE TO SUPPORT PHYSICAL EDUCATION

Delaware public elementary schools are invited to apply through November 10, One school will be selected for the grant.

NEWARK, DE (September 19, 2023) - [Project Fit America](#) (PFA), a national non-profit that creates and administers exemplary fitness in education programming for elementary and middle schools, is launching the second year of its philanthropic relationship with Delaware-based [GOLO](#). This year's grant, a total of \$10,000, will fund the development of a Project Fit America grant program in GOLO's corporate home state of Delaware.

Last year, the grant funded by GOLO was awarded to **John R. Downes Elementary School in Newark**. The school received fitness equipment and a dynamic supplemental physical education curriculum with games, activities, and challenges for children. Project Fit America will also provide on-site training support with the school's physical education teacher representative for the next 2 years.

How schools in Delaware can apply for the 2023 Grant:

For more information on how to apply or to request a grant application, please contact Project Fit America via email at info@projectfitamerica.org and include **GOLO PFA Delaware Grant** in the subject line. You can also call 800-711-4348. Grant submissions will be accepted now through November 10, 2023. Only public elementary schools in Delaware may apply for this grant. One school will be selected as the recipient of this grant.

"We're excited to expand our partnership with the team from Project Fit America by bringing this amazing opportunity to another deserving school in Delaware," said Jennifer Brooks, President and Co-founder of GOLO. "We've seen first-hand how Project Fit America's work in local communities truly makes a difference, providing funding, equipment, and other resources that schools need. We can't wait for year two!"

"We are honored to have the continued partnership with GOLO for this second year of grant giving and support for fitness in education," said Stacey Cook, Director of Project Fit America. "We will be able to impact hundreds and hundreds of students. They love the lessons, games, challenges, and activities, and so do the PE teachers. It is a win-win for all, as the need to help children become active, fit, and healthy will never diminish."

Project Fit America programs are designed to help increase children's fitness levels through fun and innovative activities by providing much-needed physical education equipment, on-site teacher training, curriculum materials, and lesson plan support supplies. Project Fit America programs are also customized to each school individually and can be adapted to existing PE programs and curricula.

GOLO empowers individuals and communities by helping them take control of their health and wellness. [Click here](#) to learn more about our charitable giving initiatives or visit the [GOLO Newsroom](#).

About Project Fit America

Project Fit America is a national (501) (c) (3) charity that works at the grassroots level with schools and front-line educators to create new opportunities for kids to be active, fit, and healthy. They believe in fit kids, one school at a time. When Project Fit America comes to a school, kids never want to miss PE and

teachers report seeing fantastic changes not just in their students' health, but in their attitude toward fitness and healthy lifestyles. For more information, visit www.projectfitamerica.org.

About GOLO

GOLO® products provide safe solutions to weight-loss and wellness while helping individuals transition to a healthier and sustainable lifestyle. GOLO has reached over four million people worldwide who now have a chance at healthy, sustainable, and affordable weight loss. For more information about the GOLO for Life® plan, visit www.golo.com or call 800-730-4656.

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