NutriDyn™ **UltraBiotic** Daily Powder

Daily Probiotic + FOS for Healthy Gut Flora Balance[•]

PRACTITIONER EXCLUSIVE

UltraBiotic Daily Powder Supplementation

Recent human clinical trials have shown that symptoms of gut microbe imbalance are favorably impacted by two specific strains of "friendly bacteria" (probiotics)—*Lactobacillus acidophilus* NCFM[®] and *Bifidobacterium lactis* Bi-07[®].¹

For supporting gut microbe imbalance, UltraBiotic Daily Powder contains a 50:50 ratio of these synergistic probiotic strains, providing a hefty 15 billion colony-forming units (CFU) per serving. In addition, this formula contains prebiotic fructooligosaccharides (FOS) that give the beneficial microbes in your gut the fuel they need to grow and proliferate.*

A bevy of clinical research suggests that these ingredients may:

- Support healthy gut flora balance*
- Promote a healthy GI tract*
- Support healthy immune function*
- Support digestive function and nutrient absorption*

How UltraBiotic Daily Powder Works

Research continues to demonstrate the emerging importance of both *Lactobacillus acidophilus* NCFM[®] and *Bifidobacterium lactis* Bi-07[®] for balancing the gut microbiome, assisting the immune system, supporting nutrient absorption, and easing symptoms associated with an irritable bowel.⁺ UltraBiotic Daily Powder takes it a step further by including prebiotic FOS in each serving that helps fortify the "good" bacteria in your gut.⁺

Lactobacillus acidophilus NCFM®

L. acidophilus NCFM[®], which stands for the research laboratory it was first discovered at ("North Carolina Food Microbiology" lab), is a patented beneficial lactic acid bacteria strain often used to support lactose intolerance by promoting the digestion of simple sugars and other tough-to-digest nutrients.⁺² *L. acidophilus* NCFM[®] also supports the endogenous synthesis of vitamin B9 (folate) and vitamin B12, which are key for healthy nervous system function.⁺³

This strain has been shown in numerous clinical trials to help relieve the symptoms of discomfort that are common to people with GI issues, especially bloating, flatulence, and loose stool.^{44,5,6}



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Several studies have also found that *L. acidophilus* NCFM[®] shortens colon transit time, which can help ease constipation.^{47,8}

Further research suggests that *L. acidophilus* NCFM[®] may activate endocannabinoid and μ -opioid receptors in epithelial cells, promoting a healthy digestive system.⁺⁹

Bifidobacterium lactis Bi-07®

B. lactis Bi-07[®] is a bacterial strain that readily resists bile salts and acidic conditions (meaning it is able to withstand the harsh digestive environment of the human gut).¹⁰ Like *Lactobacilli, Bifidobacteria* aid in the digestion of lactose and are critical for producing B vitamins, which serve a myriad of vital roles in the body.⁺¹¹

B. lactis Bi-07[®] is one of the most promising probiotic strains for supporting healthy immune response.⁺ A 5-month, double-blind, randomized, placebo-controlled study including 465 healthy adults investigated the effect of a supplement containing *B. lactis* Bi-07[®] and *L. acidophilus* NCFM[®] on respiratory health. Throughout the trial period, adults receiving the probiotic supplement had a significant reduction in nasal and respiratory symptoms compared to those taking a placebo.⁺¹²

Another study in 37 elderly subjects showed similar results, with the researchers finding beneficial effects of *B. lactis* Bi-07[®] on immune responses of the participants.⁺¹³

Fructooligosaccharides (FOS)

FOS act as prebiotics by stimulating growth of healthy gastrointestinal (GI) bacteria.¹⁴ They're also low-calorie and have been shown to support healthy lipid levels, blood sugar levels already in the healthy range, and digestive enzyme function.^{+15,16}

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Supplement Facts

Form: Powder

Serving Size: About 1/4 Teaspoon (0.75 g)

Ingredients:

Lactobacillus acidophilus NCFM® ^{††}	7.5 Billion CFU ⁺	
Bifidobacterium lactis Bi-07®††	7.5 Billion CFU ⁺	
Fructooligosaccharides (FOS)	420 mg	

Amount %DV

Other Ingredients: Rice maltodextrin.

[†] At time of manufacture.

⁺⁺ NCFM[®] and Bi-07[®] are registered trademarks licensed by DuPont.

Directions: Mix ¹/₄ teaspoon (0.75 g) with 4-6 ounces of unchilled water one to two times daily, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



 These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.