

BRAIN RESTORE POWDER

Nutritional Support for Cognitive Function

ORANGE CREAM

Dynamic Brain Restore Powder Supplementation

Research cited herein suggests the nutrients contained in Dynamic Brain Restore Powder may support cerebral and nervous system function in a variety of ways.*

Moreover, these nutrients work in concert for proper DNA maintenance, energy production, amino acid metabolism, and a variety of other processes.*



The most pertinent research-backed benefits of supplementation with Brain Restore may include:

- Supports cognitive function and healthy mood*
- Supports and maintains DNA*
- Supports blood and oxygen flow to the brain*
- Supports neurotransmitter production and neural tissue*
- Helps metabolize amino acids*

How Dynamic Brain Restore Powder Works

Dynamic Brain Restore Powder contains key B vitamins, including niacin, pyridoxine, folate, and vitamin B12 (methylcobalamin), which assist in production of neurotransmitters. Longitudinal studies suggest that deficiencies in several of the B vitamins accelerates brain tissue atrophy and cognitive decline.

For example, chronic deficiency of vitamin B12 can lead to serious, irreversible health consequences such as damage to the brain and nervous system and/or pernicious anemia (lack of red blood cell production). This is not surprising given that vitamin B12 is needed for the body to convert homocysteine to methionine; methionine is necessary for the formation of S-adenosylmethionine (SAMe), which is involved in the synthesis of catecholamines and various neurotransmitters.

Recent research suggests that supplemental folic acid and vitamin B12 work synergistically to support cognition, energy production, and neural tissue.* Pyridoxine is also important for cognition as it is necessary for conversion of L-DOPA to dopamine, as well as conversion of glutamate to GABA, and proper metabolism of L-tryptophan.*

Furthermore, niacin stimulates production of a protein/growth factor in humans called brain-derived neurotrophic factor (BDNF). BDNF acts on neurons throughout the nervous system to encourage growth and replication, which is crucial for supporting long-term memory, learning, and overall cognition.*

Dynamic Brain Restore Powder also contains acetyl-L-carnitine (ALCAR), a highly bioavailable form of L-carnitine. ALCAR can cross the blood-brain barrier, where it helps to manage oxidative damage, support mitochondrial function, and maintain normal neurotransmitter activity.*

Rounding out the Dynamic Brain Restore Powder formula are alpha-glycerolphosphorylcholine (alpha-GPC), phosphatidylserine, and uridine monophosphate (UMP). These phosphorylated compounds are readily absorbed by the body and support production of neurotransmitters such as acetylcholine and dopamine. Studies suggest these nutrients work synergistically to support cognition and learning capacity.*

Supplement Facts

Serving Size: About 1 Scoop (5.6 g) Servings Per Container: About 30

Ingredients:	Amount	% DV *
Calories	20	
Total Carbohydrates	3 g	1%*
Niacin (as Niacinamide)	100 mg NE	625%
Vitamin B6 (as Pyridoxine HCI)	25 mg	1471%
Folate (as [6S]-5-Methyltetrahydrofolic	1,000 mcg DFE	250%
Acid Glucosamine Salt) (Quatrefolic®)	(600 mcg folic acid)	
Vitamin B12 (as Methylcobalamin)	2,000 mcg	83,333%
Calcium (as Dicalcium Phosphate and	97 mg	7%
Calcium Silicate)		
Sodium (from Uridine-5-Monophosphat	e 65 mg	3%
Disodium Salt)		
Acetyl-L-Carnitine	750 mg	**
(as Acetyl-L-Carnitine HCI)		
Alpha-glycerolphosphorylcholine	600 mg	**
(Alpha-GPC)	0.11. 500	**
Uridine-5-Monophosphate Disodium	Salt 500 mg	**
Phosphatidylserine	150 mg	**

Other Ingredients: Organic Rice Syrup Solids, Natural Flavors, Silicon Dioxide, Stevia Leaf Extract, Citric Acid, Annatto Seed Powder (Color).

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Directions: Mix 1 scoop (5.6 g) of Brain Restore Powder in 8 ounces of water daily as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.











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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.