



DYNAMIC

MULTI POWDER

Advanced Nutritional Support
for Optimal Health*

BERRY



Dynamic Multi Powder Supplementation

Research continues to show that deficiencies in certain vitamins and minerals is a major cause of serious disease states and other health complications.^{1,2} Moreover, lack of these essential micronutrients can hinder normal growth, repair, and maturation of vital organs and tissues, leading to problems down the road.³ Supplementation of bioavailable vitamins and minerals found in Dynamic Multi Powder supports healthy levels of essential micronutrients.*

Benefits of Dynamic Multi Powder supplementation may include:

- Supports cognitive function and mood*
- Provides antioxidants to help support oxidative stress*
- Supports vibrant, healthy skin*
- Supports energy and vitality*
- Supports healthy immune function*
- Supports healthy gastrointestinal function*
- Helps you meet daily vitamin and mineral needs*

How Dynamic Multi Powder Works

Dynamic Multi Powder is a naturally-flavored, gluten-free vitamin and mineral blend made with bioavailable, patented micronutrients – such as Quatrefolic® – and probiotics. Vitamins and minerals are key micronutrients required by the body to allow for optimal health and longevity.* Moreover, probiotics are of growing importance for maintaining healthy gastrointestinal (GI) function.*

We realize most people have a tough time meeting their nutrient needs through food sources, such as fruits and vegetables, each day. Thus, Dynamic Multi Powder is a convenient, efficacious supplement to help you get the key vitamins and minerals you need daily.* Better yet, Dynamic Multi Powder contains none of the “junk” that only takes away from your health and longevity, like artificial colors and added sugar.

For more information, visit: www.nutridyn.com

Vitamins are organic compounds that allow physiological reactions to occur in the body. Vitamins are either water-soluble or fat-soluble. Water-soluble vitamins, such as vitamin C and all B vitamins, cannot be stored in the body whereas fat-soluble vitamins can. Therefore, water-soluble vitamins tend to be eliminated from the body faster than fat-soluble vitamins. Dynamic Multi Powder provides over 100% of the recommended daily value of key B vitamins and of vitamin C in highly-bioavailable forms, such as Quatrefolic® (active folic acid), to ensure you can absorb and utilize them.* Deficiency of these water-soluble vitamins can reduce physical and mental performance by interfering with neurotransmitter and energy production, as well as your general health.*⁴

Moreover, Dynamic Multi Powder contains efficacious doses of fat-soluble vitamins, including 2000 IU of vitamin D3 and 100 mcg of vitamin K, which are crucial for proper bone health, calcium absorption, immunity, and well-being.*⁵

Dynamic Multi Powder is also made with a comprehensive panel of minerals. Minerals help support the growth and repair of body structures, such as bones, teeth, and muscles.* They also regulate myriad metabolic reactions and act as small particles that carry electrical charges, called ions and electrolytes.*⁶

Last but not least, Dynamic Multi Powder is rounded out with a blend of six potent probiotic strains to help nourish your gastrointestinal tract with beneficial microbes.*⁷

References:

1. Ames, B. N. (2001). DNA damage from micronutrient deficiencies is likely to be a major cause of cancer. *Mutation Research/Fundamental and Molecular Mechanisms of Mutagenesis*, 475(1), 7-20.
2. HU, R. (2015). Vitamin B12 deficiency. *European Journal of General Medicine*, 12(3).
3. Wilson, J. D. (1998). Vitamin deficiency and excess. *Harrisons principles of internal medicine*, 480-488.
4. Axelrod, A. E. (1971). Immune processes in vitamin deficiency states. *The American Journal of Clinical Nutrition*, 24(2), 265-271.
5. Holick, M. F. (2007). Vitamin D deficiency. *New England Journal of Medicine*, 357(3), 266-281.
6. Maathuis, F. J. (2009). Physiological functions of mineral macronutrients. *Current opinion in plant biology*, 12(3), 250-258.
7. Marteau, P. R., de Vrese, M., Cellier, C. J., & Schrezenmeir, J. (2001). Protection from gastrointestinal diseases with the use of probiotics. *The American journal of clinical nutrition*, 73(2), 430s-436s.



Supplement Facts

Serving Size: About 1 Scoop

Servings Per Container: About 30

Ingredients:	Amount	%DV*
Vitamin A (as retinyl palmitate)	1,501 mcg RAE	167%
Vitamin C (as calcium ascorbate)	120 mg	133%
Vitamin D (as cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha tocopherol succinate)	40 mg	268%
Vitamin K (as phytonadione)	100 mcg	83%
Thiamine (as thiamine HCl)	3 mg	250%
Riboflavin	3.4 mg	262%
Niacin	15 mg NE	94%
Vitamin B6 (as pyridoxine HCl)	4 mg	235%
Folate (as [6s]-5-methyltetrahydrofolic acid glucosamine salt) [†]	667 mcg DFE	166%
Vitamin B12 (as methylcobalamin)	200 mcg	8,333%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium-d-pantothenate)	25 mg	500%
Calcium (as calcium citrate and calcium ascorbate)	400 mg	31%
Phosphorus (from dipotassium phosphate)	38 mg	3%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	100 mg	24%
Zinc (as zinc oxide)	15 mg	136%
Selenium (as L-selenomethionine)	50 mcg	91%
Copper (as amino acid chelate)	1 mg	111%
Manganese (as manganese sulfate)	1 mg	43%
Chromium (as chromium picolinate)	50 mcg	143%
Molybdenum (as sodium molybdate)	37.5 mcg	83%
Sodium (as sodium chloride)	110 mg	5%
Potassium (as dipotassium phosphate)	99 mg	2%
Choline (as choline bitartrate)	25 mg	5%
Probiotic Blend: <i>Lactobacillus Acidophilus</i> Complex, <i>Lactobacillus Casei</i> Complex, <i>Bifidobacterium Breve</i> Complex, <i>Lactobacillus Rhamnosus</i> Complex, <i>Lactobacillus Plantarum</i> Complex, <i>Bifidobacterium Longum</i> Complex	100 mg	**
Inositol	25 mg	**
Citrus Bioflavonoids Peel Powder Complex	5 mg	**

Other Ingredients: Stevia, Citric Acid, Natural Flavors, Silicon Dioxide, Beet Root Powder (Color), Dicalcium Phosphate.

[†] as Quatrefolic® a registered trademark material of Gnosis SpA. Patent No. 7,947,662.

Directions: Mix 1 scoop in 6-8 ounces of water daily as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



NON-GMO



GLUTEN-FREE



PRODUCED IN A cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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