



# Zinc Picolinate

Support for Healthy Respiratory and Immune Function\*

Zinc is an essential micronutrient, second only to iron as the most plentiful trace mineral in the body. Zinc deficiency can lead to a host of health concerns, so supplementation may be prudent to promote healthy immune function and support healthy oxidative stress response.\*<sup>1,2</sup>

## How Zinc Picolinate Works

Zinc Picolinate is the acid form of zinc that is more readily absorbed in the body than other forms of zinc.\*<sup>3</sup> Using the gastrointestinal tract and the bloodstream, Zinc Picolinate is carried through individual cells to help promote healthy oxidative stress response.\*

Zinc Picolinate is a highly absorbable essential mineral with a key role in numerous metabolic functions throughout the body as well as supporting healthy organs, bones, and connective tissues.\* Its other critical role is in promoting respiratory and immune health.\* By supporting healthy oxidative stress response, Zinc Picolinate promotes healthy inflammatory markers throughout the body supporting optimal immune and respiratory health.\*<sup>4,5</sup>

Zinc Picolinate is essential for healthy prostate function and testosterone metabolism.\* Healthy prostate function is dependent on healthy levels of zinc that result from healthy oxidative stress response when the body is operating optimally.\*<sup>6,7</sup> Research also has shown a correlation between healthy testosterone levels and healthy cellular zinc concentrations.\*<sup>8,9</sup>

Zinc Picolinate is also required for protein synthesis and collagen formation leading to healthy connective tissue, skin health, and wound healing.\*<sup>10,11</sup> Clinical studies have shown a connection between healthy inflammatory markers, levels of zinc, and the health of connective tissues.\*<sup>12,13</sup>

## Zinc Picolinate Supplementation

The ingredients in Zinc Picolinate are congruous with what research suggests to be effective and safe, particularly for promoting healthy immune function and supporting antioxidant activity.\*

Clinical evidence and research cited herein shows that the ingredients in Zinc Picolinate may:

- Promote respiratory and immune health\*
- Support healthy oxidative stress response\*
- Promote healthy inflammatory markers in the body\*
- Promote healthy testosterone metabolism\*
- Support prostate health\*
- Support healthy connective and skin tissues\*



Form: 60 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Zinc (as zinc picolinate)	30 mg	273%
Copper (as copper gluconate and sodium copper chlorophyllin)	2 mg	222%
Chlorophyllin (as sodium copper chlorophyllin)	1 mg	**

### Other Ingredients:

Hypromellose, microcrystalline cellulose, vegetable stearic acid, silica.

### Directions:

Take one capsule twice daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## References:

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