

HEALTH IS AN EVERYDAY CHOICE

TONICSEA™

Liquid Multi Pro



Bridge the Nutritional Gap

Liquid Multi Pro is a complete supplement that delivers critical essential vitamins, minerals, and elements that bridge the nutritional gap between your diet and nutritional needs. The formula includes a purified non-corn source of antioxidant Vitamin C for increased absorption and a superior form of Vitamin B-12 (adenosylcobalamin). Vitamin B-12 is required for many functions, including maintaining circulatory health and nerve function, supporting energy metabolism, and supporting healthy DNA.¹

Multivitamins play a key role in maintaining daily health.* Research has demonstrated that multivitamins can bridge the nutrient gaps in the diet successfully. This is especially important as we age and require increased absorption or for people who lack access to food that provides enough nutritional value.² Multivitamins help people receive an adequate intake of vitamins of minerals when diet is not enough.

A Delicious Solution for the Entire Family

Liquid Multi Pro by TonicSea is suitable for the entire family, from children to older adults. Our combination of 11 major vitamins, six trace minerals, five essential elements, and a special digestive health blend is housed in a sleek amber bottle to protect the integrity of its nutrients from light. It is lightly flavored with natural pineapple and coconut to ensure a delicious taste in its easy-to-swallow liquid form. Liquid Multi Pro eliminates the need to take bulky multivitamin tablets that are difficult to swallow.

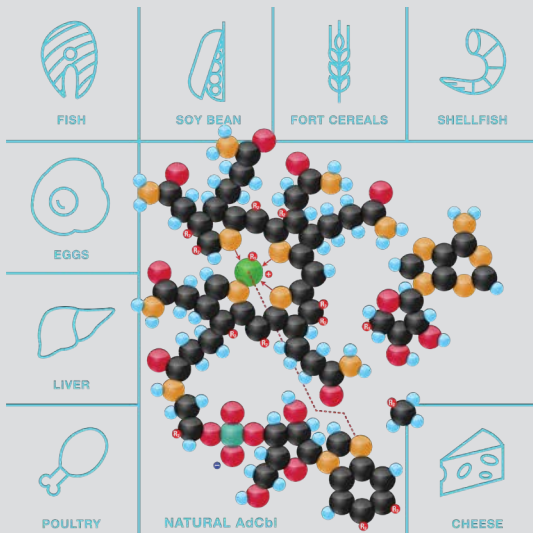


What Is Adenosylcobalamin?

Adenosylcobalamin (AdCbl) is one of three naturally occurring forms of Vitamin B-12 and a coenzyme critical to L-methylmalonyl-CoA mutase activity. The L-methylmalonyl-CoA mutase enzyme is required for breaking down branched-chain amino acids (BCAAs) and odd-chain fatty acids (acids with an odd number of carbon atoms).³

This form of AdCbl is used by the body to support the Krebs cycle (also known as the citric acid cycle) and energy production. The Krebs cycle is the process in which sugars and other molecules are broken down to release energy in the form of adenosine triphosphate (ATP). Because ATP delivers energy to all cells throughout the body, AdCbl is critical to this cycle.* All living things need a continual supply of energy to function.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



How to Use:

Take one tablespoon with or without food or as directed by your healthcare practitioner.



31 Servings

Supplement Facts

Serving Size: About 1 Tablespoon (15 mL)
Servings Per Container: 31

	Amount Per Serving	%DV for Children 1 through 3 Years of Age**	%DV for Adults and Children 4 or more Years of Age*
Vitamin A (Beta Carotene)	750 mcg RAE	250%	83%
Vitamin C (as Ascorbic Acid from Tocopherol)	120 mg	800%	100%
Vitamin D3 (as Cholecalciferol from Lichen)	20 mcg	133%	100%
Vitamin E (as D-Alpha Tocopheryl Acetate)	15 mg	250%	100%
Thiamine (as Thiamine HCl)	2 mg	400%	167%
Riboflavin (as Riboflavin-5-Phosphate)	2 mg	400%	154%
Niacin (as Nicotinamide)	10 mg NE	167%	63%
Vitamin B6 (as Pyridoxal-5-Phosphate)	2 mg	400%	118%
Folate (as L-Methylfolate)	416 mcg DFE	317%	119%
Vitamin B12 (as Adenosylcobalamin)	10 mcg	1111%	417%
Biotin	65 mcg	813%	217%
Pantothenic Acid (as Calcium Pantothenate)	10 mg	500%	200%
Choline (as Choline Bitartrate)	20 mg	10%	4%
Calcium (as Calcium Citrate)	25 mg	4%	<2%
Iodine (as Potassium Iodide)	50 mcg	56%	33%
Magnesium (as Magnesium Citrate)	25 mg	31%	6%
Zinc (as Zinc Citrate)	5 mg	167%	46%
Selenium (as Selenium Amino Acid Chelate)	10 mcg	50%	18%
Manganese (as Manganese Amino Acid Chelate)	1 mg	83%	43%
Chromium (as Chromium Polynicotinate)	10 mcg	91%	29%
Molybdenum (as Molybdenum Amino Acid Chelate)	20 mcg	118%	44%
Potassium (as Potassium Citrate)	50 mg	<2%	<2%
Inositol	15 mg	-	-
Digestive Health Blend	1250 mg	-	-
Xylooligosaccharides, Inulin, Oligosaccharides, Bifidobacterium			
Phytonutrient Blend	50 mg	-	-
Astragalus Extract Leaf, Bitter Melon Extract (Fruit), Cinnamon Extract (Bark), Citrus Bioflavonoids, Grape Extract (Seed), Green Coffee Extract (Bean), Coffee (Fruit), Green Tea Extract (Leaf), Heartwood Extract (Bark), Apple Catechins, Pine Fruit, Pomegranate Fruit, Rosemary Extract (Leaf), Watercress Herb, Blueberry Fruit.			

Other Ingredients: Distilled Water, Vegetable Glycerin, Citric Acid, Natural Flavors, Gum Arabic, Stevia Extract and Potassium Sorbate.

Manufactured for: TonicSea
PO Box 1932, Honokaa, HI 96727
808.339.7405 | www.tonicsea.com



gluten free



dairy free



non gmo



vegetarian

cGMP

All TonicSea formulas meet or exceed cGMP quality standards



Features & Benefits

Supports overall well-being*
Supports energy and vitality*
Vegan and vegetarian friendly
Non-corn source of Vitamin C
Suitable for all ages

The TonicSea Difference

A nutritious diet helps you receive the vitamins and minerals you need to stay healthy. Sometimes a lack of access to nutritious food, a person's age, and certain medications inhibit the ability to absorb or consume the vitamins and minerals people need to thrive. Liquid Multi Pro by TonicSea helps bridge this nutritional gap.*

TonicSea continually strives to discover new ways to deliver key nutrients. Every serving of Liquid Multi Pro contains a carefully measured dose of vitamins, minerals, and elements essential to living a vibrant life.*

Key Ingredients

Vitamin B-12 (Adenosylcobalamin): A natural form of Vitamin B-12 that supports energy metabolism and production and contributes to nervous system health.*

Vitamin C (Ascorbic Acid): An essential nutrient required by the body for collagen production that also provides antioxidant and immune support.*

Vitamin D3 (as Cholecalciferol): A fat-soluble vitamin that supports immune health and supports bone health by assisting with calcium absorption.*

Calcium: A major mineral that supports strong bones and teeth.*

Magnesium: An essential mineral that assists with calcium absorption and muscle relaxation.*

Caution: Keep out of reach of children. Consult your healthcare practitioner prior to use if you are pregnant, nursing, taking medications, or have any health concerns.

Storage: Store in a dry, cool place. Refrigerate after opening.

- <https://ods.od.nih.gov/factsheets/VitaminB12-Consumer/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4109789/>
- <https://www.sciencedirect.com/topics/medicine-and-dentistry/methylmalonyl-coenzyme-a-mutase>

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