



NutriDyn

# FRUITS & GREENS

SuperFruitox Proprietary Blend of Superfruits  
Açaí, Goji, Mangosteen, Noni, & Pomegranate

Daily Drink with the Antioxidant Power of 20+ Servings  
of Fruits & Vegetables\*

**BLACKBERRY TANGERINE**

## Fruits & Greens Supplementation

The ingredients in NutriDyn Fruits & Greens serve to support overall health and longevity in a variety of ways. The main benefits include:

- Supports healthy GI tract function and digestion\*
- Supports hormonal balance, healthy lipid profile and energy levels, as well as immune system function\*
- Antioxidant capacity of over 20 servings of whole fruits and vegetables in just one serving\*
- Contains proprietary blends of superfoods, probiotics, fiber, and key digestive enzymes
- Supports energy production and vitality\*
- Naturally alkalizes the body\*
- Supports healthy nutrient digestion and gastrointestinal function\*
- Sweetened with Monk Fruit

## How Fruits & Greens Works

### Plant-Based Micronutrients

Micronutrients, as opposed to macronutrients, are nutrients that living beings require in relatively small quantities for proper health and function. These include substances such as vitamins, minerals, and polyphenols (all of which may serve antioxidant roles in the body).

Our fruit and vegetable concentrates provide essential vitamins, minerals, and polyphenols to support the immune system against everyday free radical bombardment.\*

NutriDyn Fruits & Greens derives its vitamins, minerals, polyphenols, and other antioxidants exclusively from nutrient-packed whole food concentrates to encourage efficient absorption and utilization by the body.\* We also made sure to omit key allergens, preservatives, and stimulants, which can all wreak havoc in susceptible individuals.\*

### Fiber, Prebiotics, and Digestive Enzymes

Our proprietary Fiber Blend acts as prebiotics by stimulating growth of healthy gastrointestinal (GI) bacteria. They're also low-calorie and have been shown to support healthy lipid levels, blood sugar, and digestion.

NutriDyn Fruits & Greens contain beneficial fibers that act as prebiotics to nourish your GI tract and provide sustained energy throughout the day. We also made sure to include essential enzymes for supporting absorption and digestion of nutrients from foods.\*



For more information, visit: [www.nutridyn.com](http://www.nutridyn.com)

## Probiotic Blend

The human GI tract contains nearly three pounds of bacteria—comprised of 1000 or more different species—and a medley of enzymes that help us digest and absorb nutrients from food. A healthy GI tract is crucial for proper endocrine function, immune system support, and even body weight regulation. Moreover, healthy GI tract microbes act as a barrier of sorts against undesirable microbes and promote absorption of vital nutrients from food.

NutriDyn Fruits & Greens' potent 4-strain blend of probiotics is formulated to promote the growth of healthy bacteria in the GI tract.\*

NutriDyn Fruits & Greens is a premium nutrient-rich dietary supplement that provides powerful antioxidant capacity, satiety, lasting energy, and support for a healthy digestive system.\* Better yet, it mixes easily in liquid or food and is sure to satisfy your appetite!

Make no mistake, formulating a true “superfood” product requires a deep understanding of the biological processes that drive our health, longevity, and well-being. Fortunately, we've done the work, so you don't have to. We've recently redesigned our packaging to highlight more of the great superfoods that are in NutriDyn Fruits & Greens.

## Supplement Facts

Form: Powder

Serving Size: About 1 Scoop (11 g)

Ingredients:	Amount	%DV*
Calories	40	
Total Carbohydrates	9 g	3%*
Dietary Fiber	<1 g	2%*
Total Sugars	4 g	**
Includes 1 g Added Sugar		2%*
Vitamin C (as ascorbic acid)	99 mg	110%
Iron	0.43 mg	2%
Sodium	50 mg	2%
SuperFruitox Antioxidant Blend	2.92 g	**
Raspberry Fruit Extract, Black Raspberry Fruit Powder, Blackberry Fruit Powder, Papaya Fruit Powder, Plum Fruit Powder, Strawberry Fruit Powder, Cranberry Fruit Powder, Kiwi Fruit Powder, Watermelon Fruit Powder, Pomegranate Fruit Extract, Quercetin Dihydrate, Grape Seed Extract, Blueberry Leaf Extract, Acerola Berry Powder, Bilberry Fruit Extract, Bromelain, Black Cherry Fruit Extract, Organic Acai Berry Powder, Organic Pomegranate Fruit Powder, Organic Raspberry Fruit Powder, Organic Bilberry Fruit Powder, Organic Blueberry Fruit Powder, Lycium (Goji) Berry Powder, Mangosteen Fruit Powder, Noni Fruit Powder.		
Digestive Enzyme and Probiotic Blend	2.4 g	**
Fructooligosaccharides, <i>Lactobacillus acidophilus</i> , Protease, Amylase, Lipase, Cellulase, Lactase, Papain, <i>Lactobacillus casei</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i> .		

Ingredients:	Amount	%DV*
Vegetable Antioxidant Blend	2.03 g	**
Carrot Root Powder, Beet Root Powder, Radish Root Powder, Purple Cabbage Leaf Powder, Japanese Knotweed Root Extract, Green Tea Leaf Extract, Ginger Root Powder, Turmeric Root Extract, Kale Leaf Powder, Kelp Powder, Chlorella Cracked Cell Wall Powder, Alfalfa Herb Powder, Spirulina Powder, Broccoli Head Powder.		
Fiber Blend	1.73 g	**
Oat Bran Powder, Apple Fruit Powder, Aloe Vera Leaf Powder, Prune Fruit Extract.		

**Other Ingredients:** Organic Evaporated Cane Sugar Powder, Luo Han Guo Fruit (Monk Fruit) Extract, Citric Acid, and Natural Flavors.

**Directions:** Mix 1 scoop in 8 fluid ounces of chilled water daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



NON-GMO



GLUTEN-FREE



PRODUCED IN A  
cGMP FACILITY



NutriDyn

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: [www.nutridyn.com](http://www.nutridyn.com)