



Fenugreek Plus®

Herbal Support for Healthy Glucose Metabolism*

Form: Capsules

Flavor:

Size: 60 Capsules

Fenugreek Plus® features concentrates of three highly valued herbs traditionally used to support healthy glucose metabolism.* The unique, odorless extract of fenugreek is highly concentrated for ease of use.

Ingredient	Amount	Daily Value
Serving Size	2 Capsules	
Servings Per Container	30	
Total Carbohydrate	1 g	1%*
Fenugreek Seed 6.5:1 Extract† (<i>Trigonella foenum-graecum</i>) [standardized to 70% soluble fiber]	1 g	**
Bitter Melon Fruit 10:1 Extract (<i>Momordica charantia</i>)	152 mg	**
Gymnema Leaf Extract (<i>Gymnema sylvestre</i>) [standardized to 25% (25 mg) gymnemic acids]	100 mg	**

Other Ingredients: Capsule (hypromellose), microcrystalline cellulose, silica, magnesium stearate (vegetable), and croscarmellose sodium.

Directions: Take two capsules twice daily with six to eight ounces of water before meals, or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: If you are being treated for heart disease, diabetic, taking medication, or if pregnant or nursing, consult your healthcare practitioner before use. Keep out of the reach of children.

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

†Equivalent to 6,500 mg raw, dried, unprocessed herbs.