



D3 5000 + K

High-potency, bioactive vitamin D with vitamin K

Form: Softgels

Flavor:

Size: 60 softgels

D₃ 5,000 + K provides 5,000 IU per softgel of vitamin D (as D₃), designed for greater absorption. This high-potency formula also includes bioavailable forms of vitamin K₂ (menaquinone-7) to complement vitamin D.

For an in-depth **TruQuality**[®] report, simply enter your lot number. If you don't have a bottle handy, you can enter **B02200928** to view a sample report.

Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Softgel	
Servings Per Container	60	
Vitamin D (as cholecalciferol)	5,000 IU	625%
Vitamin K (as phytonadione USP)	20 mcg	17%
Menaquinone-7 (MK-7)	90 mcg	*

Other Ingredients: Olive oil, gelatin, glycerin, beeswax, water, annatto extract (color), and zinc oxide (color).

Directions: Take one softgel daily or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: If pregnant or nursing, taking other nutritional supplements or medications, or if taking anticoagulants, consult your healthcare provider before use. Keep out of the reach of children.

Notice: This product contains vitamin D at a level that exceeds the adult tolerable upper intake level. It is highly recommended that serum 25(OH)- and 1,25(OH)₂-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

Storage: Keep tightly closed in a cool, dry place.

*Daily Value not established.

This product is manufactured in a facility that produces products containing wheat, soy, milk, egg, tree nuts, fish, and crustacean shellfish.