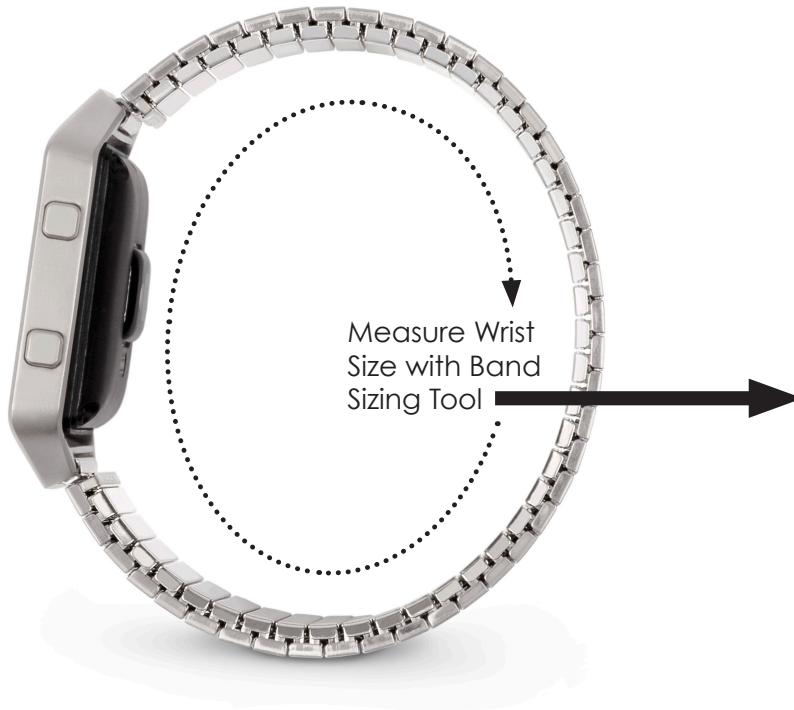


# TWIST-O-FLEX

for the **Fitbit**

## Band Length Sizing Guide

Print page at **100%**. Do not scale to fit.



### Fitbit Blaze Band Sizes

BAND SIZE	FITS WRIST SIZE (in)	(cm)
<b>S</b> (small)	<b>6.6" - 7.1"</b>	<b>16.8 - 18.0</b>
<b>M</b> (medium)	<b>7.2" - 7.8"</b>	<b>18.1 - 19.7</b>
<b>L</b> (large)	<b>7.9" - 8.5"</b>	<b>19.8 - 21.6</b>

1. Cut out the Fitbit Blaze band sizing tool.
2. Wrap the tool around your wrist and be sure that the arrow lies on top.
3. Choose the size that the arrow points to.

If you are on the line between sizes, we recommend choosing the larger size as you can remove links with the use of our link removal guide found at [speidel.com/sizemyband.pdf](https://www.speidel.com/sizemyband.pdf). You can also visit a local authorized Speidel jeweler and have it sized for you. Visit [speidel.com/store\\_locator](https://www.speidel.com/store_locator) to find a jeweler near you.

If you need a size that is larger than our current offerings, additional links can be added. Visit [speidel.com](https://www.speidel.com) for additional link kits.



Fitbit Blaze Band Sizing Tool

S

M

L