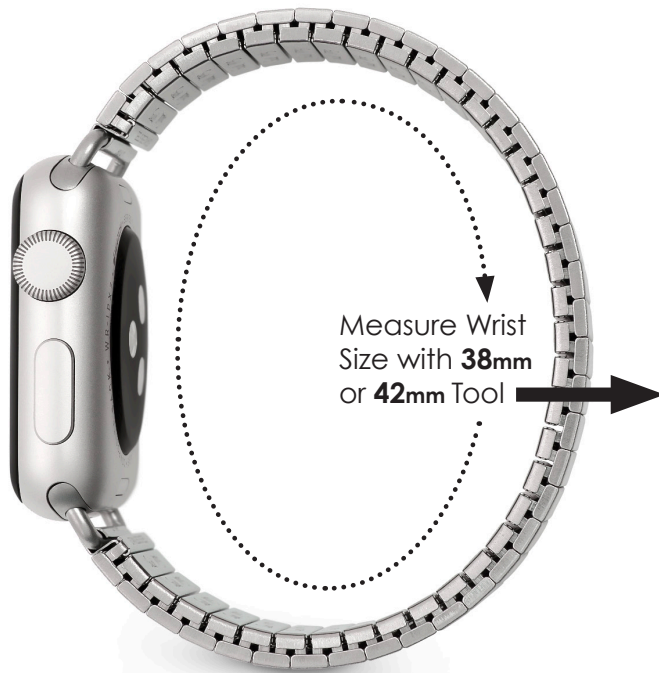


TWIST-O-FLEX®

for the Apple Watch

Band Length Sizing Guide

Print page at **100%**. Do not scale to fit.

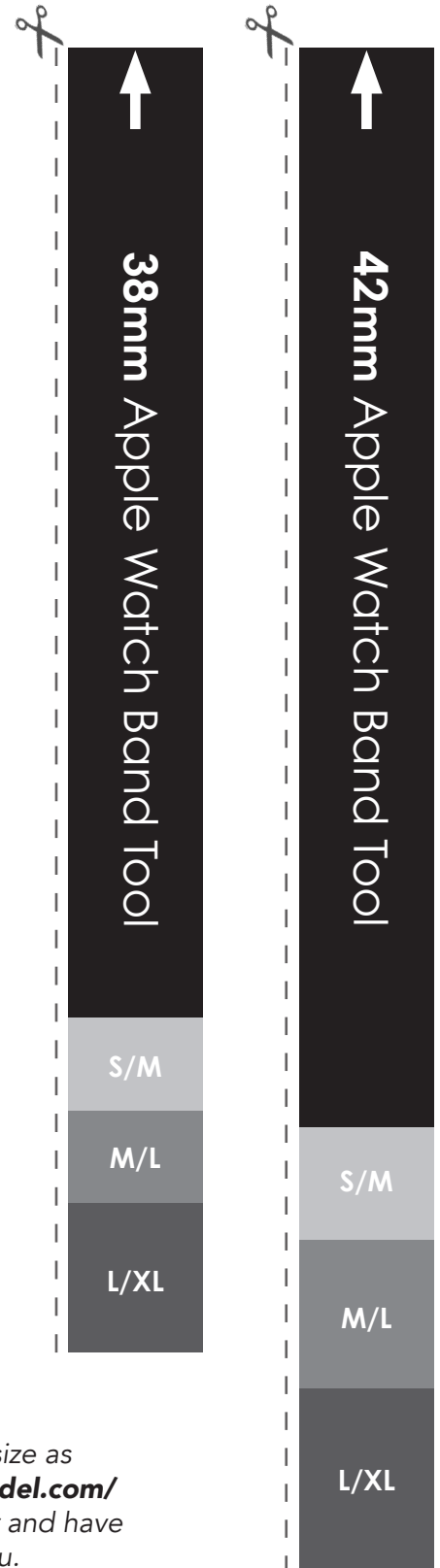


38mm Apple Watch Band Sizes

BAND SIZE	FITS WRIST SIZE (in)	(cm)
S/M (small-medium)	5.2" - 5.7"	13.2- 14.5
M/L (medium-large)	5.8" - 6.2"	14.6- 15.8
L/XL (large-extra large)	6.3" - 7"	15.9- 17.8

42mm Apple Watch Band Sizes

BAND SIZE	FITS WRIST SIZE (in)	(cm)
S/M (small-medium)	5.8" - 6.4"	14.7- 16.3
M/L (medium-large)	6.5" - 7.2"	16.4- 18.3
L/XL (large-extra large)	7.3" - 8.2"	18.4- 20.8



1. Cut out the Apple Watch band tool that corresponds to your Apple Watch size.
2. Wrap the tool around your wrist and be sure that the arrow lies on top.
3. Choose the size that the arrow points to.

If you are on the line between sizes, we recommend choosing the larger size as you can remove links with the use of our link removal guide found at speidel.com/apple-band-size.pdf. You can also visit a local authorized Speidel jeweler and have it sized for you. Visit speidel.com/store_locator to find a jeweler near you.

If you need a size that is larger than our current offerings, additional links can be added. Visit speidel.com for additional link kits.