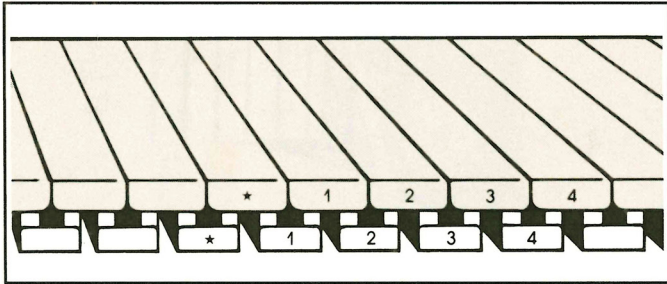


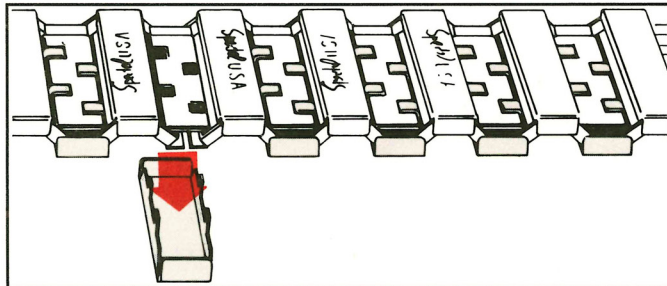
# TWIST-O-FLEX® Watchband Length Adjustment



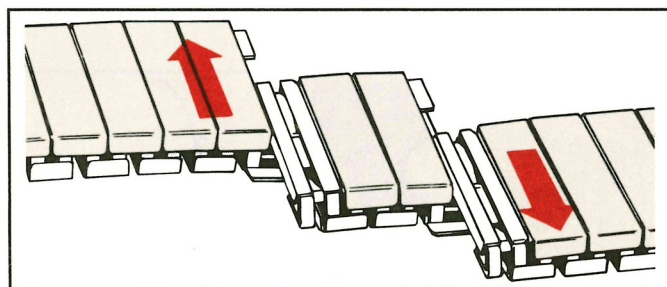
**PLANNING THE ADJUSTMENT.** You may start your adjustment anywhere near the center of the watchband. This illustration shows the starting point as "★" with adjacent topshells and bottom boxes numbered. Decide how many links you wish to remove.

If you want to remove three links, remove topshells "★" and "3" and then work on bottom boxes "★" and "3".

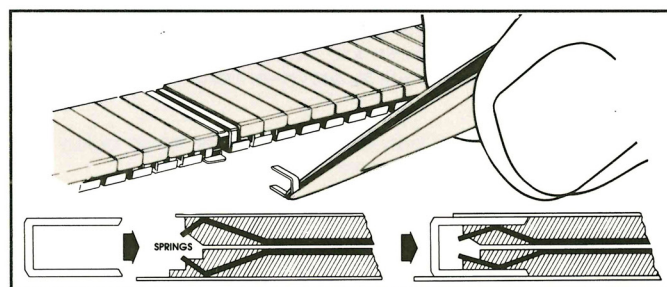
These illustrations show the removal of three links, so the topshells and bottom boxes "★" and "3" will be worked on.



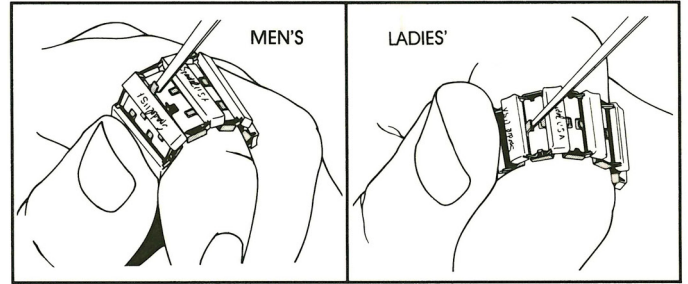
2. When the tabs have been fully straightened, expand the band and the topshell will fall out. Save the topshell for step 11.



4. When the end flaps have been bent fully flat, push in the direction of the arrows to separate the bracelet.

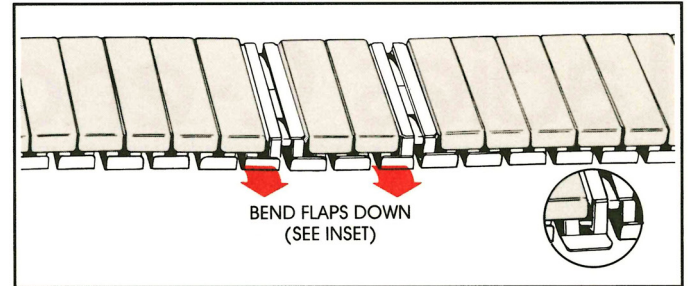


6. The staple can best be held for insertion with a small tweezer (or pliers) across the heel as shown. The cutaway view shows correct position of the staple legs. The springs must be enclosed within the "U" shape of the staple.

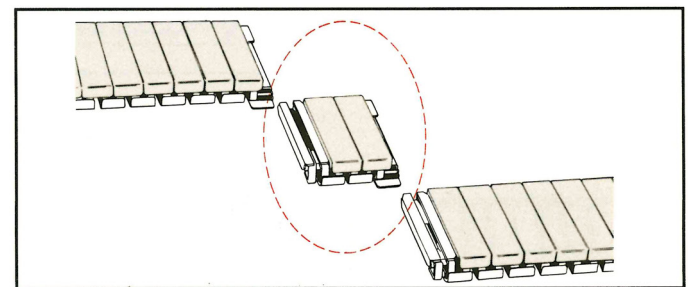


1. Expand the bottom of the band to expose the topshell tabs. Use a thin blade to straighten up all four tabs on Men's Watchbands.

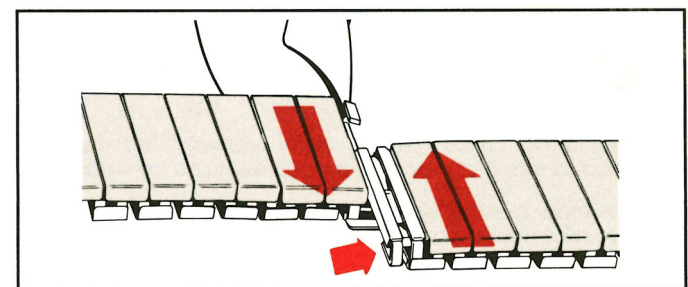
NOTE: Ladies' Watchbands have only two tabs.



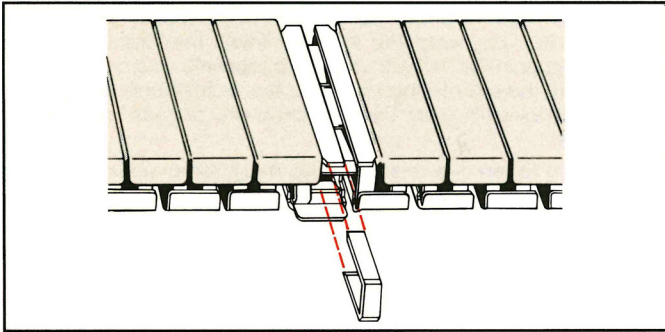
3. To shorten the bracelet, remove an additional topshell according to your plan. Bend down the bottom box end flaps diagonally below the two exposed links as shown.



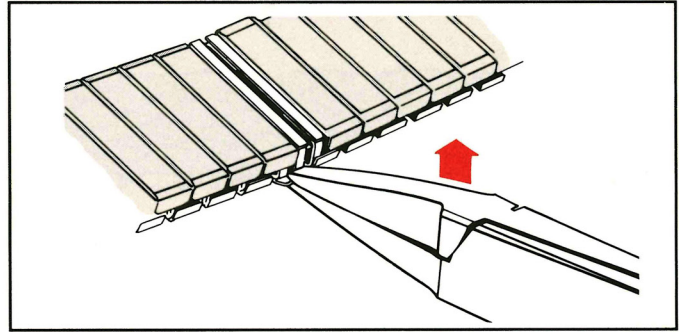
5. The watchband is now in three sections. Save the circled extra links for future spare parts. The other sections are now ready for reassembly.



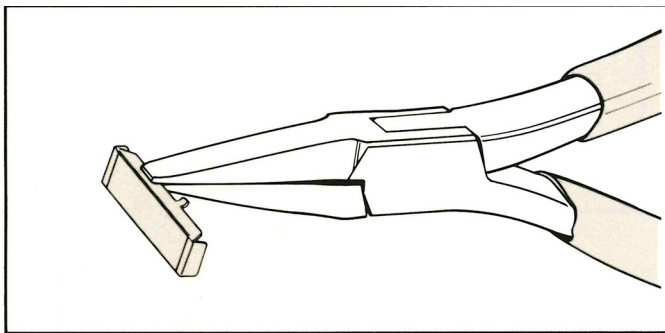
7. Remove loose front staple shown by arrow. Slide the separated sections back together. The rear staple may interfere unless it is moved away from the adjacent link with your thumbnail.



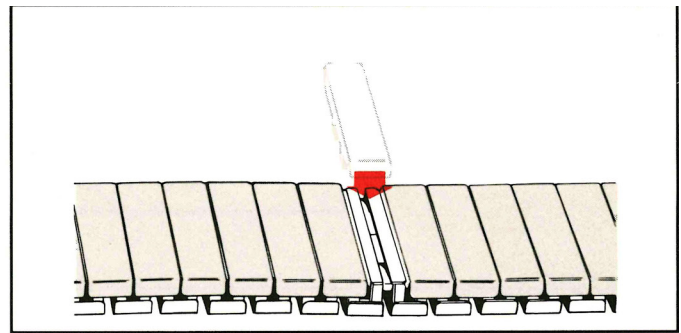
8. Replace the staple removed in step 7. Note the correct insertion of the staple as illustrated. The upper leg of the staple must be inserted above the spring on the top box and the lower leg goes under the spring in the bottom box.



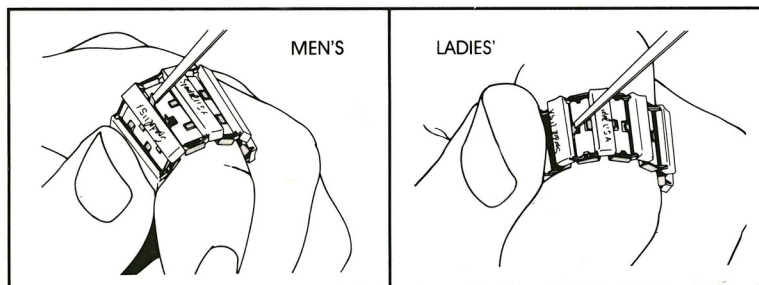
9. Bend up the bottom box and flap.



10. Topshell tabs and sidewall may have been distorted during removal. This distortion can detract from appearance of the band. Use smooth flat-jawed pliers to restore flatness. Topshell will assemble more easily and look better.



11. Restraighten tabs on loose topshell that you saved from step 2. Position topshell lightly on exposed top box.



12. Expand the band as illustrated. Topshell will then seat completely on top box. Bend down tabs with thin blade to lock topshell in position.