

HOME GYM-3

- Horizontal Pressing Station
- Perform Squats and Dips
- (2) 200 lb. Graduated Weight Stack

SPECS			
Weight Limit	250 lbs		ACCESSORIES
			Squat Bar Pads
☑ FEATURES			Revolving Lat B
Commercial-styling frame structure		•	Revolving Strai
High-density composite dual transport wheels		•	Ankle Strap
			Ab/Tricep Strap
Double-stitched, fitted premium grade virgin vinyl upholstery for exceptional		•	Single Grip Han
longevity			Workout Diagra
Large high-density upholstered roller pads		•	Leg Press (KF-L
2000 lb test 1/8 inch aircraft cable		•	Graduated 250
nylon-coated to 3/16 inch	cables		
4 1/2 inch heavy-duty fibe	rglass		
reinforced nylon pulleys wi bearings	ith sealed	•	LWH (in)
	and the second		LWH with LP3 (
Spring-loaded pull pins for easy adjustments	quick and	•	
			WARRANTY
Wrap-around, high-density end caps for unit stability		•	Frame & Parts

Squat Bar Pads	•
Revolving Lat Bar	•
Revolving Straight Bar	•
Ankle Strap	•
Ab/Tricep Strap	•
Single Grip Handles	•
Workout Diagram	•
Leg Press (KF-LP3)	Optional
Graduated 250 lb. weight stack	Optional

LWH (in)	90.5 x 77.0 x 83.5
LWH with LP3 (in)	145.0 x 92.9 x 83.5
WARRANTY	

Lifetime