

How to measure your chest

Measure around the fullest part of the chest, making sure that the tape is level under the arms and across the shoulder blades. Make sure you are relaxed when measuring to get a true measurement.

Find the correct length

Measure from the top of the shoulder (highest point) to where the t-shirt would sit when worn.

How to measure the sleeve length

Start from the shoulder point to where the sleeve would normally finish.

DL406 & DL420

To fit chest	20″	22″	24″	26″	28″	30″	32″	34″	36″	38/40″	42/44"	46/48″
Chest (cm)*	51	56	61	66	71	76	81	86.5	91.5	99	109	119
Body Length (cm)	40	43	46	48	52	56	60	62	64	67	71	75
Sleeve Length (cm)	12	13	14	15	16	17	18	18.5	19	20	21	22

