

Materials:

2-3 Skeins Briggs and Little Tuffy available at www.maritimefamilyfiber.com

Size US 6 double pointed needles

Sizes: women's small (women's medium) (men's medium)(men's large)[child 0-3][child 4-8][child 8 +]

In main color, loosely cast on 42(45)(45)(51) [33][36][39] stitches using the long-tail cast on method, distributing them evenly across your needles by 3s. Begin working in the round in knit 2, purl 1 rib for 5 rounds.

To add a stripe, fasten on contrast color, knit 5 rows of knit 2, purl 1 rib, break contrast color and continue in main color.

Continue working in knit 2 purl 1 rib until cuff is 6(7)(8)(9) [3][5][7] inches or desired length.
It's really up to you!

Begin Heel:

Attach and begin working in contrast color (if using a contrast).

Row 1: *Knit 1, Slip 1* repeat between ** 8(9)(9)(10) [6][7][7] times, knit 1. 19(21)(21)(23) [15][17][17] heel flap stitches. TURN your work, these 19(21)(21)(23) [15][17][17] stitches will be worked flat as your heel flap.

Row 2: Purl on the wrong side.

Repeat rows 1 and 2 9 (10)(10)(11) [6][7][8]times, ending with a wrong side row.

Dutch Heel Turn:

Row 1: Knit 12 (13)(13)(14) [9][10][10] Slip 1, Knit 1, pass slipped stitch over. TURN work

Row 2: Slip 1 purlwise, purl 6, purl 2 together, TURN work*

Row 3: Slip 1 knitwise, knit 6, slip1, knit1, pass slipped stitch over, TURN work.

Continue in this manner until only the center stitches remain, ending with a right side row.

*For smallest child's size, you will have 4 center stitches on your heel turn instead of 6.

If using contrast color, switch to main color now.



Dutch Heel

Instep:

Pick up 9(10)(10)(12) [7][8][9] stitches along the side of the heel flap. Knit the stitches across the top of the foot (note, my Grammy would sometimes continue the rib down the top of the foot and then stop the ribbing at the toe decreases. It makes more of a slipper sock).

Pick up 9(10)(10)(12) [7][8][9] more stitches up the other side of the heel flap. Knit a few stitches from the first needle to make it more comfortable for knitting, as pictured.

Instep Decrease Row 1: Beginning on needle one (the right 'arm' of the triangle in the picture below), knit to the last three stitches on the needle, knit two together, knit 1. Knit the stitches across the top of the foot. Beginning on the third needle, knit 1, slip 1, knit 1, pass slipped stitch over, knit to end.

Row 2: Knit

Repeat rows 1 and 2 until you have 42(45)(48)(52) [34][36][38] stitches total. Work the foot even for 7(8)(9)(12, or more for larger feet) inches, measuring from the back of the heel when the sock is laid flat. See note on child's sizing.



Instep

Toe:

Arrange stitches so that you have 21(23)(24)(26) [17][18][19] across the top of the foot, and 10 and 11(11 and 12)(12)(13) [8/9][9][8] on each side.

Row 1: Beginning with the first needle, knit to the last 3 stitches, knit 2 together, knit 1. On needle 2, knit 1, slip 1, knit 1, pass slipped stitch over, knit to last three stitches on needle 2, knit 2 together, knit 1. On needle three, knit 1, slip 1, knit 1, pass slipped stitch over, knit to end.

Row 2: Knit

Repeat rows 1 and 2 until you have 12 [about 9] stitches left.

Thread yarn through the remaining stitches. Repeat for a second sock. Weave in ends, if desired block socks on sock blockers (say that three times fast), and be warm.