

# FitKit® Instructions

10 lengths. 10 widths. One perfect fit for you.

Order MyONE® Custom Fit™ at [myonecondoms.co.uk](http://myonecondoms.co.uk)

**STEP 1: Print your FitKit®.** To ensure that you get the right measurement, place a credit card into the space provided below. If it fits, you have the correct scale. If you're having trouble, make sure "printer scaling" has been turned off and verify that the document is printing at 100% size.

**STEP 2: Cut out the two measuring tools.** There are two measuring tools in this kit: one for girth and one for length.

**STEP 3: Measure girth.** Place the square-shaped part of the multicolored measuring tool on the widest part of your erection, as per images 1 & 2. Wrap this FitKit tool like a belt until the two arrows line up with a colored band. This band gives you your GIRTH NUMBER.

**STEP 4: Measure length.** Place the other FitKit tool on top of your erection as per image 3. Measure from base to the very tip. The letter that aligns with the tip is your LENGTH LETTER. Curvy? Measure on the longest side.

**STEP 5: Get your FitCode & order.** Combine your GIRTH NUMBER with your LENGTH LETTER to find your FitCode (ex. 49F). Visit [myonecondoms.co.uk](http://myonecondoms.co.uk) to purchase.

**How should a condom fit?** A proper fit is both comfortable and held snugly in position. MyONE® recommendations are based on a formula for proper fit that recommends:

- A condom slightly longer than penis length, so you get proper coverage from base to tip.
- A condom slightly snugger than penis girth, so the condom will stay in place.

You may want to choose a slightly different size based on your personal preference. If your combination is not shown, to make the best choice choose a nearby size. Don't be afraid to try more than one code combination!

**PLACE BANK  
CARD HERE**

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