

Stay fit and vital by walking 10,000 steps every day.

#STOXCHALLENGE@STOXENERGY







DAY 1 10,000 steps	DAY 2 10,000 steps	DAY 3 10,000 steps	DAY 4 10,000 steps	DAY 5 10,000 steps
DAY 6	DAY 7 10,000 steps	DAY 8	DAY 9	DAY 10
10,000		10,000	10,000	10,000
steps		steps	steps	steps
DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
10,000	10,000	10,000	10,000	10,000
steps	steps	steps	steps	steps
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
10,000	10,000	10,000	10,000	10,000
steps	steps	steps	steps	steps
DAY 21 10,000 steps	DAY 22	DAY 23	DAY 24	DAY 25
	10,000	10,000	10,000	10,000
	steps	steps	steps	steps
DAY 26	DAY 27 10,000 steps	DAY 28	DAY 29	DAY 30
10,000		10,000	10,000	10,000
steps		steps	steps	steps