

PINEAPPLE O2 PURGE

As featured in our Acne 90 Day Series! This treatment reduces bacteria and cellular buildup, makes extractions easier, plus increases oxygenation. The booster cocktail brings healing and anti-inflammatory support, quickly reducing redness. Skin is strengthened, and wound healing is increased.

PRODUCTS USED

Mandelic Clay Cleanse	H2O2 Emulsion	Nourishing Grape Seed Serum	Therapy E Serum
Enzymatic Cleanse	Mandelic Arginine Peel	Rosemary Basil Mask	Growth Factor Gel
Beta Green Tea Lotion	B3 Booster	Milk Mask	eZinc Protection
Bromelain Enzyme Paste	Chamo Weiss Liposome Power	SynErgy A	IC Matte Crème or Powder

SKIN PREPARATION

Cleanse skin with **Mandelic Clay Cleanse**. Rinse with warm water and 4x4 gauze.

Perform second cleanse with **Enzymatic Cleanse**. Rinse with warm water and 4x4 gauze. Pat skin dry.

ENZYME APPLICATION

Dispense $\frac{3}{4}$ tsp **Bromelain Enzyme Paste** into beaker. Next, dispense $\frac{1}{4}$ tsp **H2O2 Emulsion** into same glass beaker and blend. Apply evenly to face and neck with a firm, square brush. Leave on the skin for 8-10 minutes. Apply a warm compress the last 2 minutes. Thoroughly remove with warm water and 4x4 gauze. Pat skin dry.

Perform extractions as needed. Saturate 2x2 gauze with **Beta Green Tea Lotion** and apply to face and neck to prevent bacteria from spreading.

BUILDING AND STRENGTHENING APPLICATION

Dispense 2 smidgens **B3 Booster** and 2 smidgens **Chamo-Weiss Liposome Power** into glass beaker. Dispense 2-3 droppers of **Mandelic Arginine Peel** into same glass beaker and blend. Apply to face and neck using firm, square brush and leave mixture on the skin. Massage several drops of **Nourishing Grape Seed Serum** overtop using tapotement.

MASK APPLICATION

Dispense $\frac{1}{2}$ tsp **Rosemary Basil Mask** and $\frac{1}{2}$ tsp **Milk Mask** into glass beaker and blend. Apply evenly to skin with a firm, square brush. Let remain on skin for 8-10 minutes.

Lay two unfolded 4x4 gauze, dampened with cool water, on the upper and lower portions of the face. Roll chilled ice globes or ice rollers over gauze for several minutes. Wrap face in hot compress for last 5 minutes.

Remove with warm water and 4x4 gauze. Pat skin dry.

FINISHING APPLICATION

Apply several drops **Mandelic Arginine Peel** and gently massage into skin. Apply 1-2 pumps **SynErgy A** and gently massage into skin. Apply 1-2 pumps **Growth Factor Gel** and finish with 1-2 pumps of **Therapy E Serum** on the skin.

Apply a thin layer of **eZinc Protection** or appropriate shade of **IllumiColour** for daytime protection.