

NATURALLY SOOTHING FACIAL

The enzymatic action of pineapple begins the smoothing and softening of skin while increasing circulation. Specialty extracts and therapeutic masks add to the soothing, calming benefits for sensitive, rosacea-prone skin. This facial aids in reducing inflammation, providing antibacterial support, stimulating surface cell turnover for healthier skin tissue, and strengthening capillaries.

PRODUCTS USED

Milk Plus
Citrus Gel Cleanser
Beta Green Tea Cleanser
Milk Plus

Bromelain Enzyme Paste
Mandelic Arginine Serum
Sea Gems
Omega 6 EFA

Milk Mask
Rosemary Basil Mask
Rosacea Serum
Growth Factor Serum

Exotica Rhodiola
Sheer Tint Finisher
Daytime Defense SPF30

SKIN PREPARATION

Cleanse skin with equal amounts of **Milk Plus** and **Citrus Gel Cleanser**. Rinse thoroughly with warm water and 4x4 gauze.

Perform second cleanse with **Beta Green Tea Cleanser**. May mix with **Milk Plus** for hydrating support. May be used with steam. Rinse thoroughly with warm water and 4x4 gauze. Pat skin dry.

ENZYME APPLICATION

Dispense 1 tsp. of **Bromelain Enzyme Paste**. Wearing protective gloves, apply enzyme to face and neck using a firm, square brush. Avoid eye area. Apply to skin evenly (client will feel a very warm heat sensation that will subside in a few minutes). Begin manual massage using fingertips to work enzyme into skin. Let remain on skin for 10 to 15 minutes. Rinse with tepid water and 4x4 gauze. Pat skin dry.

BUILDING AND STRENGTHENING APPLICATION

Apply 1-2 pumps of **Mandelic Arginine Serum** to face and neck. Let absorb and remain on skin. Mix 1-2 pumps of **Sea Gems** and 1-2 pumps of **Omega 6 EFA** and massage into skin. Let product absorb and remain on skin.

MASK APPLICATION

Dispense 1/2 tsp. of chilled **Milk Mask** and 1/2 tsp. of **Rosemary Basil Mask** into glass beaker and mix with 2 - 3 pumps of **Rosacea Serum**. Apply evenly onto face and neck with a firm, square brush. Lay two unfolded 4x4 gauze, dampened with cool water, on the upper and lower portions of the face. Roll chilled Ice Globes over face and neck for several minutes.

Wrap face in a hot compress and let remain on skin until cool. When compress is cool to touch, usually after 2 - 3 minutes, remove compress. Rinse with warm water and 4x4 gauze. Pat skin dry.

FINISHING APPLICATION

Apply 1-2 pumps of **Growth Factor Serum** to face and neck. Let absorb and remain on skin. Apply 1-2 pumps of **Rosacea Serum** to face and neck. Let absorb and remain on skin. Apply 1-2 pumps of **Exotica Rhodiola** and let remain on skin.

Finish with a thin layer of **Sheer Tint Finisher** or **Daytime Defense SPF30** for daytime protection.