

HIBISCUS FACIAL

Fight the signs of aging and brighten skin tone with RA's Hibiscus Facial. While the hibiscus flower is beautiful, it is also potent. A second generation AHA, the flower acids obtained from hibiscus chalice are even more moisturizing than lactic acid. A great rejuvenator for all skin types, this spa treatment will stimulate collagen activity, balance excess oil, and provide valuable antioxidant support for radiant skin and lasting results.

PRODUCTS USED

Pumpkin Cleanser	Peptide 38	12 Flower Mask	IC Crème or Powder
Derma Peel	Drop of Essence	Milk Mask	
Hibiscus Peel	Infuse 7	Growth Factor Serum Plus	
O2 Vitalixir	Eye & Lip Renew Serum	Daytime Defense	

SKIN PREPARATION

Cleanse skin with **Pumpkin Cleanser (Pumpkin Lactic Cleanse)**. Massage into skin for about 5 minutes. Steam may be used. Remove thoroughly with warm water and 4x4 gauze. Pat skin dry.

ENZYME APPLICATION

PHASE ONE - Remove 1 tsp. of **Derma Peel (Derma-Zyme)** and apply to face and neck. Smooth into skin. Begin circular massage until granules start to form, then apply steam for another 5 minutes. Remove enzyme with damp 4x4 gauze. Rinse several times. Pat skin dry.

PHASE TWO - Cover client's eyes with eye pads. Dispense 1 tsp. of **Hibiscus Peel** into glass beaker. Using a firm, square brush, apply one even layer to face and neck. Let remain on skin for 10 minutes.

After 10 minutes, remove with tepid water and 4x4 gauze. Do at least 2 rinses to be sure all peel mixture is removed. Pat skin dry.

BUILDING AND STRENGTHENING APPLICATION

Massage 3-4 drops of **O2 Vitalixir** into skin. Next, dispense 2 pumps of **Peptide 38** and mix with 1-2 pumps of **Drop of Essence** or **Infuse 7**. Massage cocktail into skin for as long as desired.

OPTIONAL: If there are no signs of severe erythema or irritations, apply heated compress for 2-3 minutes to infuse product into skin.

MASK APPLICATION

Stipple **Eye & Lip Renew Serum** around eyes. Dispense 1 tsp. of **12 Flower Mask** into glass beaker and apply to face and neck with firm, square brush. Lay two unfolded 4x4 gauze, dampened with cool water, on upper and lower half of face. Roll chilled Ice Globes over skin for several minutes. Wrap face and neck in a hot compress and let remain on skin for up to 15 minutes. Remove mask with warm water and 4x4 gauze. Pat skin dry.

NOTE: For sensitive skin, mix ½ tsp. of **12 Flower Mask** with ½ tsp. of **Milk Mask**.

FINISHING APPLICATION

Apply 2-3 pumps of **Growth Factor Serum Plus (Bio 53 Matrix Plus)** to face and neck. Let absorb and remain on skin.

Finish with a thin layer of, **Daytime Defense**, or **IllumiColour Natural Mineral Crème** or **Powder** for daytime protection.