

## FOR YOUR INFORMATION MID-DEPTH PEELING

Mid-depth peels can be very effective, targeting all skin types/conditions, with little to no downtime. Skin rejuvenation at this level will improve the skin texture, clarity and radiance while smoothing fine lines and wrinkles. Skin may appear more firmed and toned as well.

A variety of acids can be used including TCA's, Alpha Hydroxy Acids (AHA's), Beta Hydroxy Acids (BHA's), Flower Acids, Red Wine Extract and Retinols. These peels may be performed in a series of 3 for optimal results, spaced 3-4 weeks apart!

Skin Rehab Post Care is required for 7-9 days to ensure proper healing, reduce inflammation and strengthen the new skin cells.

## Post Care includes the following Skin Rehab products:

- Calming Milk Cleanse or Refreshing Gel Cleanse
- Growth Factor Cream, Growth Factor Gel, Growth Factor Serum or Growth Factor Plus
- Healing Hydrator: Therapy E Repair, Pure Omega, Omega E Essence, Omega 7 Complex
- Discomfort Relief optional: Calming Skin Gel, Vital Wound Relief

## Things to Expect After a Mid-Depth Peel:

- Skin may be pink or red for the first 1-2 days
- Skin may be tender to touch or more sensitive for the first 1-3 days
- Some sheet-like/segment peeling, flaking (full-face)

\*\*Please review our Before a Peel Reminders for additional information on products and procedures to discontinue before your peel\*\*