

CBR FACIAL RESUSCITATE YOUR SKIN

Our latest Signature Facial focuses on infusing the skin with nourishing ingredients to help strengthen and restore the barrier function of the skin, while reducing inflammation and irritation. A great choice for those with sensitive, reactive, rosacea-prone skins, or those who have overused AHA's or prescription-strength topicals and are in need of repair.

PRODUCTS USED

Creamy Milk Cleanser
Gentle Jojoba Beads
Bromelain Enzyme
Milk Mask

50+ AHP Booster
Mandelic Arginine Peel
MVC Serum
SynErgy A

Infuse 7
Rosemary Basil Mask
Cucumber Spritz
Hyaluronic Serum

C-Stem Cell
Sheer Tint Finisher
Daytime Defense SPF30

SKIN PREPARATION

Cleanse skin with **Creamy Milk Cleanser** and rinse thoroughly with 4x4 gauze.

Perform second cleanse with **Gentle Jojoba Beads** and rinse thoroughly with 4x4 gauze. Pat skin dry.

ENZYME APPLICATION

Dispense 1/2 tsp. of **Bromelain Enzyme** and 1/2 tsp. of **Milk Mask** into glass beaker and mix together. Using a firm, square brush apply an even layer to face and neck. Leave on the skin for 10 minutes.

Rinse with tepid water and 4x4 gauze. Rinse several times to ensure thorough removal. Pat skin dry.

MANDELIC GEL MASK APPLICATION

Dispense 2 smidgens of **50+ AHP Booster** into glass beaker. Mix with 2-3 droppers of **Mandelic Arginine Peel** until well-blended. Using a firm, square brush apply an even layer to face and neck. Let mask set for 2 minutes and then apply hot compress to face and neck for 5 minutes.

Remove compress and gently blot off excess gel mask, do not do a full removal.

BUILDING AND STRENGTHENING APPLICATION

Apply 1-2 pumps of **MVC Serum** and gently work into skin. Let absorb and remain on skin.

Apply 1-2 pumps of **SynErgy A** and gently massage into skin. Let product absorb and remain on skin.

OPTIONAL - For drier skins, follow with 2-3 pumps of **Infuse 7** and gently massage into skin.

Lay two unfolded 4x4 gauze, dampened with tepid water, on the upper and lower portions of the face. Apply hot compress for 1 minute. Remove compress.

MASK APPLICATION

Dispense 2-3 smidgens of **50+ AHP Booster** into glass beaker with 1/2 tsp. of **Milk Mask** and 1/4 tsp. of **Rosemary Basil Mask** and mix together. Using a firm, square brush apply an even layer to face and neck. Leave on the skin for 10 minutes.

Lay two unfolded 4x4 gauze, dampened with cool water on the upper and lower portions of the face. Roll chilled Ice Globes over face for several minutes. Wrap face and neck with a hot compress. Rinse with tepid water and 4x4 gauze.

FINISHING APPLICATION

Spritz skin with **Cucumber Spritz**. Apply 1-2 pumps of **Hyaluronic Serum** to face and neck. Let absorb and remain on skin. Apply 1-2 pumps of **C-Stem Cell** to face and neck. Let absorb and remain on skin. Add additional moisturizer if needed.

Finish with a thin layer of **Sheer Tint Finisher** or **Daytime Defense SPF30** for daytime protection.