

BENEFITS:

Using our 3-step approach to acne skin, this peel addresses bacteria and inflammation, increases cellular exfoliation, and promotes wound healing. Aids in ridding skin of acne lesions and the risk of scarring.

SKIN TYPES:

Fitzpatrick I – VI
Problematic, impacted, acne (all grades), post-inflammatory hyperpigmented skin types.

PRODUCTS NEEDED:

Beta Green Tea Cleanser
Rosemary Herbal Cleanser
Tomato Enzyme Peel
Italian Herbal Peel
Mandelic Arginine Peel
Cell Conditioner
Melanin Suppressant Solution
TCA Sake Peel
Vitamin A+ Peptide Peel
Daytime Defense SPF30
Omega 6 EFA

ACNE REMEDIES PEEL - Progressive Plus**PREP THE SKIN – Reduce Bacteria**

Dry cleanse skin with **Beta Green Tea Cleanser** and rinse thoroughly with 4x4 gauze. Pat skin dry.

Do a second dry cleanse with **Rosemary Herbal Cleanser** and rinse thoroughly with 4x4 gauze. Pat skin dry.

ENZYME APPLICATION – Increase Cellular Exfoliation

Dispense ½ teaspoon of **Tomato Enzyme Peel** into glass beaker. Add ½ teaspoon of **Italian Herbal Peel**, 1 dropper of **Mandelic Arginine Peel** and 1 dropper of **Cell Conditioner**; mix all products together.

Using a firm, square brush, apply an even layer to the face and neck using the RA Technique. Leave on skin for 7-8 minutes. Rinse thoroughly with cool water and 4x4 gauze. Pat skin dry.

PRE-PEEL APPLICATION – Hand Fan to Client

Wear surgical gloves. Cover client's eyes with eye pads.

Saturate 2x2 gauze **Cell Conditioner** – apply an even amount on face and neck using firm pressure. Let product absorb and remain on skin.

Saturate 2x2 gauze with **Melanin Suppressant Solution** – apply an even amount on face and neck using firm pressure. Let product absorb and remain on skin.

Saturate 2x2 gauze with **Mandelic Arginine Peel** – apply an even amount on face and neck using firm pressure. Let product absorb and remain on skin.

PEEL APPLICATION

Saturate 2x2 gauze with **TCA Sake Peel** – apply an even amount on face and neck using firm pressure. Let product absorb and remain on skin.

2nd PEEL APPLICATION

Dispense 1 dropper of **Vitamin A+ Peptide Peel** on each of the following areas: forehead, each cheek, chin, neck and décolleté. Gently work into skin with gloved hands until mostly absorbed. This solution stays on the skin.

FINISHING APPLICATION – Support Wound Healing

Daytime Defense SPF30 may be applied if early in day or **Omega 6 EFA** may be applied if client will be able to sleep in peel.

Have the client sit up, offer a drink of water, and discuss appropriate post peel care.