

ACNE REMEDIES

2018 SIGNATURE FACIAL

Get clear results and beautiful, healthy-looking skin. Our 3-Step RA Clinical Approach to acne skin is to reduce bacteria and inflammation through the use of salicylic acid, ursolic acids, niacinimide and botanicals extracts, increase cellular turnover by incorporating powerful enzymes and exfoliators, and kick-start the wound-healing process to reduce the risk of acne scarring. This corrective-plus treatment is a must in combating acne skin.

PRODUCTS USED

Beta Green Tea Cleanser
Cell Conditioner
Mint Papaya Enzyme
H2O2 Emulsion
Italian Herbal Peel

B3 Booster
Beta Green Tea Lotion
Chamo-Weiss Liposome Power
50+ AHP Booster
Mandelic Arginine Peel

Tomato Enzyme Peel
Milk Mask
Therapy E Serum
Blemish Serum
Hydra Complex Serum

Arnica Therapy
Daytime Defense SPF30 (or)
Matte Natural Mineral Crème

SKIN PREPARATION - REDUCE BACTERIA & INFLAMMATION

Cleanse skin with **Beta Green Tea Cleanser**. Rinse thoroughly with 4x4 gauze. Pat skin dry.

Saturate 2x2 gauze with **Cell Conditioner** and apply to face and neck using firm, even pressure. Let absorb and remain on skin.

ENZYME APPLICATION - INCREASE CELLULAR EXFOLIATION

SKIN TYPE	ENZYME OPTIONS
Oily/Congested Acne	1/3 tsp. Mint Papaya Enzyme + 1/3 tsp. H2O2 Emulsion + 1/3 tsp. Italian Herbal Peel
Dry Acne	1/2 tsp. Mint Papaya Enzyme + 1/2 tsp. Italian Herbal Peel
Cystic Acne	1/2 tsp. Mint Papaya Enzyme + 1/2 tsp. H2O2 Emulsion

Dispense enzyme mixture into glass beaker and mix with 2 smidgens of **B3 Booster**. Using a firm, square brush, apply an even layer to face and neck using the RA Technique. Leave on the skin for 10 minutes.

Remove with tepid water using 4x4 gauze. Rinse several times to ensure thorough removal. Pat skin dry.

Perform extractions if needed. Saturate 2x2 gauze with **Beta Green Tea Lotion** and apply to face and neck to prevent bacteria from spreading. Let absorb and remain on skin.

THERAPEUTIC GEL MASK APPLICATION

Dispense 1 smidgen of **Chamo-Weiss Liposome Power** and 1 smidgen of **50+ AHP Booster** into glass beaker. Mix with 1-2 droppers of **Mandelic Arginine Peel** until well-blended. Using a firm, square brush, apply an even layer to face and neck and let remain on skin. Let set for 2 minutes, then layer 2nd mask application over therapeutic gel mask.

2nd MASK APPLICATION

SKIN TYPE	MASK OPTIONS
Oily/Congested/Cystic Acne	1/2 tsp. Tomato Enzyme Peel + 1/2 tsp. Milk Mask
Dry Acne	1/4 tsp. Tomato Enzyme Peel + 3/4 tsp. Milk Mask

Dispense mask mixture into glass beaker and add 2-3 pumps of **Therapy E Serum**, mix well together. Using a firm, square brush, apply an even layer to face and neck. Leave on the skin for 8-10 minutes.

Lay two unfolded 4x4 gauze, dampened with cool water on the upper and lower portions of the face. Roll chilled ice globes over face for several minutes. Wrap face and neck with a hot compress. Rinse with tepid water and 4x4 gauze. Pat skin dry.

BUILDING & STRENGTHENING – SUPPORT WOUND HEALING

Spot treat with **Blemish Serum**. Let absorb and remain on skin.

Dispense 1-2 droppers of **Mandelic Arginine Peel** to 2 smidgens of **B3 Booster**, mix well together. Apply mixture to face and neck and gently massage into skin. Let absorb and remain on skin.

Mix 1-2 pumps of **Hydra Complex Serum** with 1-2 pumps of **Arnica Therapy**, gently massage into skin. Let absorb and remain on skin.

FINISHING APPLICATION

Finish with a thin layer of **Daytime Defense SPF30** or RA IllumiColour **Matte Natural Mineral Crème** for daytime protection