

SKINERGY BALANCE™ - Mid-Depth

PREP THE SKIN

Cleanse the skin with **Citrus Gel Cleanser** and rinse thoroughly with 4x4 gauze.

Do second cleanse with **Beta Green Tea Cleanser**; rinse with 4x4 gauze and pat skin dry.

Saturate 2x2 gauze with **Beta Green Tea Lotion** and apply to skin with firm pressure.

PRE-PEEL APPLICATION – HAND FAN TO CLIENT

Wear surgical gloves. Cover client's eyes with eye pads.

Saturate 2x2 gauze with the **Cell Conditioner** – apply an even amount on face and neck using firm pressure and the RA Technique. Let product absorb and remain on skin.

Saturate 2x2 gauze with the **Melanin Suppressant Solution**– apply an even amount on face and neck using firm pressure and the RA Technique. Let product absorb and remain on skin.

PEEL APPLICATION

Saturate 2x2 gauze with **Mandelic Arginine Peel** – apply an even amount to face and neck using the RA Technique. Let product absorb and remain on skin.

Dispense 2-3 droppers of **Sake Peel** into glass beaker. Saturate 2x2 gauze and apply an even amount on face and neck using the RA Technique. Let product absorb and watch skin for 2-3 minutes.

LAYER 2

Re-saturate 2x2 gauze with **Sake Peel** – apply a second layer on face and neck using the RA Crisscross Technique. Let product absorb and watch skin for 2-3 minutes.

LAYER 3

Re-saturate 2x2 gauze with **Sake Peel** – apply a third layer on face and neck using the RA Crisscross Technique. Let product absorb and watch skin for 2-3 minutes.

CAUTION: Once skin begins to frost, stop applying layers.

2nd PEEL APPLICATION

Dispense 1 dropper of **Vitamin A+ Peptide Peel** on each of the following areas: forehead, each cheek, chin and neck. Gently work into skin with gloved hands until mostly absorbed. This solution stays on the skin.

FINISHING APPLICATION

Daytime Defense SPF30 may be applied if early in day or **Omega 6 EFA** may be applied if client will be able to sleep in peel.

Have the client sit up, offer a drink of water, and wait for 10-15 minutes before leaving.

BENEFITS:

Strengthens skin, reduces inflammation, improves hydration and minimizes skin sensitivities while reducing the appearance of fine lines and wrinkles for healthy-looking skin.

SKIN TYPES:

Fitzpatrick I - VI
Aging-sensitive, Rosacea Stage 2+, or AHA-sensitized skin.

PRODUCTS NEEDED:

Citrus Gel Cleanser
Beta Green Tea Cleanser
Beta Green Tea Lotion
Cell Conditioner
Melanin Suppressant Solution
Mandelic Arginine Peel
Sake Peel
Vitamin A+ Peptide Peel
Daytime Defense SPF30 or
Omega 6 EFA