

Can I go out in the sun after this treatment?

Yes, LEDs emit no UV light and the treatment does not increase photo-sensitivity. We always recommend you slip, slop, slap every day to protect your skin from damaging UVA and UVB rays.

Can red light therapy cause sunburn/skin cancer?

No. Sun burn, and skin cancer are caused by light exposure from UV wavelengths, which the LEDs do not emit.

So which light do I use?

620nm (Red Led) To treat fine lines & wrinkles

Red light naturally stimulates the production of collagen in skin cells, responsible for skin firmness and elasticity. Increased collagen reduces fine lines and wrinkles and shrinks pores, improving skin texture and promoting smooth, youthful skin.

525nm (Green Led) To improve tone & pigmentation

Green light inhibits excess melanin production in the lower levels of the dermis, preventing it from travelling to the visible surface of your skin. Existing melanin clusters are also broken down, reducing age-spots and hyper-pigmentation resulting in smooth, even skin tone.

415nm (Blue Led) To eliminate acne & blemishes

Bacteria in acne contain Porphyrins, accumulating in pores and causing breakouts and inflammation. The blue light wave-length kills these light-sensitive Porphyrins both above and below the skin, reducing acne, calming inflammation and redness, and leaving you with a clearer, brighter, smoother complexion.

415-620nm (Purple Led) Combined wavelengths

Combining the benefits of Red (620nm) and Blue (415nm) light, the purple LED wavelength has an anti-415-620nm (Purple Led) bacterial effect, helping to treat acne, while also stimulating collagen production to treat fine lines and wrinkles.

590nm (Yellow) To improve clarity & texture

The yellow light increases the exchange of oxygen within skin cells, stimulating circulation and improving the cells ability to eliminate toxins. Increased toxin elimination improves tone, clarity and texture of skin resulting in a glowing, dewy complexion.

490nm (Cyan Led) To reduce scarring & inflammation

The cyan light promotes healing, while soothing inflamed or damaged skin. This also assists with reducing the size of swollen capillaries, improving skin tone and clarity.

850nm (White Led) Deeper renewal

The White light penetrates deep into the skin cells, accelerating active tissue metabolism for an enhanced improvement in collagen and elastin production.

How to use your advanced Light Therapy Facial Mask.

1. Clean face and allow to dry or use a soft towel to pat dry.
2. Remove the Light Therapy Facial mask from packaging and attach strap to mask. Connect power cord to power input of remote and connect the other end of power adapter to the nearest power point.
3. Press the power key to turn on. The power indicator will light up.
4. Press the colour button, select the colour treatment mode. Press Time button and select Time + and time - to adjust working time. Start with a low energy setting and then increase strength after placing mask on face. The flash mode is designed for dermatologists who combine topical creams in conjunction with light therapy and thus is not needed for home use. We recommend avoiding this mode. Just press the flash mode until the light stops flashing and you are now in the correct mode. To engage Auto mode press colour button until the auto led light is lit. Auto mode is used for maintenance treatments.

- We recommend using the treatment time of 60 min on auto mode.
5. It is recommended to lie on your back with your eyes closed during your treatment. Most people prefer to use it before going to sleep.
 6. There is no need to do more than 30 minutes per day as your skin cells are already energised unless auto mode is used.
 7. Before starting treatment the face should be free of any creams or make-up so the light can penetrate the skin effectively.
 8. It is advised to use a cream that has vitamin A or C in it after each treatment. Some people may be sensitive to Vitamin A (retinol) and may need a weaker dose initially but after regular use can increase the strength. We have formulated a cream to be used after light therapy treatments and is available online by visiting our website www.beautybylight.com.au

PRECAUTIONS

1. Try to avoid looking directly into light source for an extended period.
2. Keep the mask away from direct sun or heat.
3. Not to be used on epileptic sufferers or anyone who is using medication that increases sensitivity to light. If you are unsure, we recommend asking your doctor's advice before starting your light therapy treatments.

AFTER-SALES SERVICE

This product is covered by a 12-month manufacturer's warranty if used as instructed from the date of purchase. Please retain proof of purchase for any warranty claims. Please email info@beautybylight.com.au for any warranty claims with the subject line Attn: Warranty claim or visit www.beautybylight.com.au