

SAVOURY



ORDER CODES

| Flavour | Pip-code |
|-------------|------------|
| Chicken | 400 - 9932 |
| Vegetable | 407 - 0330 |
| Sample Pack | - |

DESCRIPTION

AYMES® Savoury is a powder, based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally-balanced supplement /sip feed when reconstituted with hot water.

PRESENTATION

AYMES® Savoury is presented as wholesale cases of 6 cartons, each carton containing 7 x 57g sachets.

INDICATIONS FOR USE

AYMES® Savoury is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with, or at risk of, disease-related malnutrition.

AYMES® Savoury should be used as a supplement to the diet. It is not suitable as a sole source of nutrition.

AYMES® Savoury is prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

DIRECTIONS FOR USE

Each sachet of AYMES® Savoury should be reconstituted with 200ml of hot water. It is best served warm.

- Boil the kettle
- Carefully pour 50ml of the hot water into a mug or bowl and then add 1 sachet of AYMES® Savoury
- Mix into a smooth cream with a whisk or fork
- Top up with the remaining 150ml water whilst stirring continuously
- Serve when fully mixed

Once reconstituted, AYMES® Savoury should be consumed as soon as it has reached a safe and comfortable temperature for drinking. Stir before drinking.

AYMES® Savoury can also be added to savoury foods [Contact us for more info](#)

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision
Not suitable as a sole source of nutrition
For enteral use only
Not suitable for children under 3 years

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein intolerance or for those with galactosaemia.

PRECAUTIONS

Use with caution in children under 6 years old.

Please note the sodium / salt content is higher in AYMES® Savoury than in the AYMES® Shake sweet varieties.

STORAGE

Store in a cool, dry place, below 25°C

SHELF LIFE

18 months

INGREDIENTS

CHICKEN

Maltodextrin, Skimmed Milk Powder, Palm Fat, Milk Protein Concentrate, Flavourings (Containing Celery), Potato Starch, Chicken Meat containing Antioxidant: Extracts of Rosemary, Thickener: Cellulose Gum, Potassium Chloride, Potassium Phosphates, Magnesium Carbonates, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B₆, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B₁₂, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Tricalcium Phosphate, Dried Parsley, Colour: Curcumin, Ground Sage, White Pepper.

VEGETABLE

Maltodextrin, Palm Fat, Skimmed Milk Powder, Milk Protein Concentrate, Vegetable Powder (Carrot, Pea, Leek), Potato Starch, Onion Powder, Yeast Extract, Natural Flavour (contains Celery), Garlic Powder, Di-potassium Phosphate, Magnesium Carbonate, Vitamin & Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B₆, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B₁₂, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Tri-calcium Phosphate, Potassium Chloride, Sodium Chloride, Ground Black Pepper, Curcumin, Colour: Natural Beta-carotene.

AYMES® Savoury is made from a gluten-free recipe
Vegetable Flavour is suitable for vegetarians

OTHER INFORMATION

| | | Chicken | Vegetable |
|--------------------------------------|---------|---------|-----------|
| Potential Renal Solute Load | mOsm/l | 368 | 351 |
| OSMOLALITY | mOsm/kg | 350 | 300 |
| NON-PROTEIN CALORIES: Nitrogen ratio | kcal/g | 144:1 | 147:1 |
| ENERGY DISTRIBUTION | | | |
| Protein | % | 14.7 | 14.9 |
| Carbohydrate | % | 54.7 | 52.4 |
| Fat | % | 30.4 | 31.5 |
| Fibre | % | 0.2 | 1.2 |

NUTRITIONAL INFORMATION

Composition - AYMES® Savoury should be made up with hot water

| Flavour | CHICKEN | | VEGETABLE | | |
|-------------------------|---------------------|------------------------------|-------------|------------------------------|------|
| | 100g powder | 57g powder + 200ml hot water | 100g powder | 57g powder + 200ml hot water | |
| Typical values | | | | | |
| Energy | kJ | 1842 | 1050 | 1826 | |
| | kcal | 441 | 251 | 434 | |
| Fat | g | 14.9 | 8.5 | 15.2 | |
| | of which: saturates | g | 8.6 | 4.9 | 10.0 |
| | polyunsaturates | g | 1.2 | 0.68 | - |
| Carbohydrate | g | 60.3 | 34.3 | 56.9 | 32.4 |
| total sugars | g | 10.9 | 6.2 | 12.0 | 6.8 |
| lactose | g | 7.5 | 4.3 | 7.5 | 4.3 |
| sucrose | g | 0.11 | 0.06 | 0.09 | 0.05 |
| maltose | g | 2.5 | 1.4 | 3.4 | 1.9 |
| fructose | g | 0.13 | 0.07 | 0 | 0 |
| glucose | g | 0.62 | 0.35 | 1.0 | 0.57 |
| polysaccharides | g | 49.4 | 28.1 | 44.9 | 25.6 |
| Fibre | g | 0.4 | 0.23 | 2.6 | 1.5 |
| Protein | g | 16.3 | 9.2 | 16.2 | 9.2 |
| Salt | g | 1.8 | 1.0 | 0.93 | 0.53 |
| Vitamins | | | | | |
| Vitamin A (RE) | µg | 579 | 330 | 575 | 328 |
| Vitamin D | µg | 9.1 | 5.1 | 9.1 | 5.1 |
| Vitamin E (α-TE) | mg | 8.8 | 5.0 | 8.8 | 5.0 |
| Vitamin K | µg | 53.0 | 30.2 | 53.0 | 30.2 |
| Vitamin C | mg | 54.8 | 31.2 | 54.7 | 31.2 |
| Thiamin | mg | 1.25 | 0.71 | 1.25 | 0.71 |
| Riboflavin | mg | 1.0 | 0.57 | 1.0 | 0.57 |
| Vitamin B ₆ | mg | 1.8 | 1.0 | 1.8 | 1.0 |
| Niacin (NE) | mg | 12.1 | 6.9 | 12.1 | 6.9 |
| Folic acid | µg | 187 | 106 | 187 | 106 |
| Vitamin B ₁₂ | µg | 1.17 | 0.67 | 1.1 | 0.65 |
| Pantothenic acid | mg | 4.5 | 2.5 | 4.4 | 2.5 |
| Biotin | µg | 32.1 | 18.3 | 31.9 | 18.2 |
| Minerals | | | | | |
| Sodium | mg | 720 | 410 | 370 | 210 |
| | mmol | 31.3 | 17.8 | 16.1 | 9.1 |
| Chloride | mg | 388 | 221 | 550 | 313 |
| | mmol | 10.9 | 6.2 | 15.4 | 8.8 |
| Potassium | mg | 602 | 343 | 578 | 329 |
| | mmol | 13.4 | 8.8 | 14.8 | 8.4 |
| Calcium | mg | 458 | 261 | 485 | 276 |
| | mmol | 11.4 | 6.5 | 12.1 | 6.9 |
| Phosphorus | mg | 264 | 150 | 292 | 166 |
| | mmol | 8.5 | 4.8 | 9.4 | 5.3 |
| Magnesium | mg | 93.3 | 53.1 | 91.6 | 52.2 |
| | mmol | 3.9 | 2.2 | 3.8 | 2.1 |
| Iron | mg | 6.7 | 3.8 | 6.7 | 3.8 |
| Zinc | mg | 3.6 | 2.0 | 3.5 | 2.0 |
| Copper | µg | 530 | 302 | 530 | 302 |
| Iodine | µg | 81.1 | 46.2 | 79.2 | 45.1 |
| Selenium | µg | 15.6 | 8.9 | 15.4 | 8.8 |
| Manganese | mg | 0.61 | 0.34 | 0.61 | 0.34 |
| Chromium | µg | 7.0 | 4.0 | 7.0 | 4.0 |
| Molybdenum | µg | 16.0 | 9.1 | 16.0 | 9.1 |