

ActaGain2.4 COMPLETE MAXI



ORDER CODES

| Flavour | Pip-code |
|------------|------------|
| Vanilla | 407 - 5081 |
| Strawberry | 407 - 5073 |

DESCRIPTION

AYMES® ActaGain 2.4 Complete is a nutritionally complete, high energy (2.4 kcal/ml), ready to drink milkshake style supplement, with added carbohydrate, fat, vitamins and minerals for the dietary management of disease related malnutrition.

PRESENTATION

AYMES® ActaGain 2.4 Complete is presented as wholesale cases of 6 clusters, each cluster containing 4 x 200 ml bottles. It is available in Vanilla and Strawberry flavours.

INDICATIONS FOR USE

AYMES® ActaGain 2.4 Complete is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease related malnutrition.

AYMES® ActaGain 2.4 Complete should be used as a supplement to the diet, but is also suitable as a sole source of nutrition.

AYMES® ActaGain 2.4 Complete is ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use
- Best served chilled, but may also be served at room temperature or as warm drinks
- Do not boil
- Once opened, consume within 4 hours, or store in a refrigerator for up to 24 hours

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision
Suitable as a sole source of nutrition
For enteral use only
Not suitable for infants or children under 6 years

CONTRAINDICATIONS

Not suitable for patients with cows' milk intolerance or for those with galactosaemia

PRECAUTIONS

Use with caution in children under 10 years old

STORAGE

Store in a cool, dry place, below 25°C

SHELF LIFE

12 months

INGREDIENTS

VANILLA Water, Glucose Syrup, **Milk** Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Vanilla Flavour, Magnesium Citrate, Potassium Chloride, Di-sodium Hydrogen Phosphate, Di-potassium Hydrogen Phosphate, Tri-sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Emulsifier: Sunflower Lecithin (E322), Tri-potassium Citrate, Vitamin Premix (Nicotinamide, Calcium D-pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-biotin, Vitamin K₁, Vitamin D₃, Vitamin B₁₂), Calcium Phosphate (Contains Lactose from **Milk**), Sodium Ascorbate, Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Natural Flavour, Ferrous Sulphate, Zinc Sulphate.

STRAWBERRY Water, Glucose Syrup, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Strawberry Flavour, Magnesium Citrate, Potassium Chloride, Di-sodium Hydrogen Phosphate, Di-potassium Hydrogen Phosphate, Tri-sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Emulsifier: Sunflower Lecithin (E322), Tri-potassium Citrate, Vitamin Premix (Nicotinamide, Calcium D-pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-biotin, Vitamin K₁, Vitamin D₃, Vitamin B₁₂), Calcium Phosphate (Contains Lactose from **Milk**), Sodium Ascorbate, Acidity Regulator: Potassium Hydroxide, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Colour: Carmine, Ferrous Sulphate, Zinc Sulphate.

AYMES® ActaGain 2.4 Complete is made from a gluten-free recipe.
Vanilla flavour is suitable for vegetarians.

OTHER INFORMATION

| | | |
|---|--------|-------|
| Potential Renal Solute Load | mOsm/l | 734 |
| Osmolality | Osm/kg | 1150 |
| Osmolarity | Osm/l | 730 |
| Non-Protein Calories: Nitrogen ratio | kcal/g | 131:1 |
| Energy distribution | | |
| Protein | % | 16 |
| Carbohydrate | % | 48 |
| Fat | % | 36 |

NUTRITIONAL COMPOSITION

| Flavour | Typical values | VANILLA | | STRAWBERRY | | |
|------------------|---------------------|-----------|-----------|------------|-----------|------|
| | | per 100ml | per 200ml | per 100ml | per 200ml | |
| Energy | kJ | 1008 | 2016 | 1008 | 2016 | |
| | kcal | 240 | 480 | 240 | 480 | |
| Fat | g | 9.6 | 19.2 | 9.6 | 19.2 | |
| | of which: saturates | g | 0.88 | 1.7 | 0.88 | 1.7 |
| Carbohydrate | g | 28.8 | 57.6 | 28.8 | 57.6 | |
| | total sugars | g | 8.0 | 16.0 | 8.0 | 16.0 |
| | lactose | g | 0.1 | 0.2 | 0.1 | 0.2 |
| Fibre | g | 0 | 0 | 0 | 0 | |
| Protein | g | 9.6 | 19.2 | 9.6 | 19.2 | |
| Salt | g | 0.23 | 0.45 | 0.23 | 0.45 | |
| Vitamins | | | | | | |
| Vitamin A (RE) | µg | 200 | 400 | 200 | 400 | |
| Vitamin D | µg | 2.2 | 4.4 | 2.2 | 4.4 | |
| Vitamin E (α-TE) | mg | 3.2 | 6.4 | 3.2 | 6.4 | |
| Vitamin K | µg | 13.0 | 26.0 | 13.0 | 26.0 | |
| Vitamin C | mg | 24.0 | 48.0 | 24.0 | 48.0 | |
| Thiamin | mg | 0.40 | 0.80 | 0.40 | 0.80 | |
| Riboflavin | mg | 0.40 | 0.80 | 0.40 | 0.80 | |
| Vitamin B6 | mg | 0.40 | 0.80 | 0.40 | 0.80 | |
| Niacin (NE) | mg | 5.5 | 11.0 | 5.5 | 11.0 | |
| Folic acid | µg | 60.0 | 120 | 60.0 | 120 | |
| Vitamin B12 | µg | 0.80 | 1.6 | 0.80 | 1.6 | |
| Pantothenic acid | mg | 1.3 | 2.6 | 1.3 | 2.6 | |
| Biotin | µg | 8.0 | 16.0 | 8.0 | 16.0 | |
| Minerals | | | | | | |
| Sodium | mg | 90.0 | 180 | 90.0 | 180 | |
| | mmol | 3.9 | 7.8 | 3.9 | 7.8 | |
| Chloride | mg | 140 | 280 | 140 | 280 | |
| | mmol | 3.9 | 7.8 | 3.9 | 7.8 | |
| Potassium | mg | 240 | 480 | 240 | 480 | |
| | mmol | 6.1 | 12.2 | 6.1 | 12.2 | |
| Calcium | mg | 165 | 330 | 165 | 330 | |
| | mmol | 4.1 | 8.2 | 4.1 | 8.2 | |
| Phosphorus | mg | 144 | 288 | 144 | 288 | |
| | mmol | 4.6 | 9.2 | 4.6 | 9.2 | |
| Magnesium | mg | 30.0 | 60.0 | 30.0 | 60.0 | |
| | mmol | 1.25 | 2.5 | 1.25 | 2.5 | |
| Iron | mg | 3.4 | 6.8 | 3.4 | 6.8 | |
| Zinc | mg | 2.9 | 5.8 | 2.9 | 5.8 | |
| Copper | µg | 432 | 864 | 432 | 864 | |
| Iodine | µg | 32.0 | 64.0 | 32.0 | 64.0 | |
| Selenium | µg | 13.6 | 27.2 | 13.6 | 27.2 | |
| Manganese | mg | 0.80 | 1.6 | 0.80 | 1.6 | |
| Chromium | µg | 16.0 | 32.0 | 16.0 | 32.0 | |
| Molybdenum | µg | 24.0 | 48.0 | 24.0 | 48.0 | |
| Choline | mg | 25.0 | 50.0 | 25.0 | 50.0 | |