

The Singing Ant

ADVENT ACTIVITIES

31 days of family moments



1. Choose & prepare an act of kindness to do before the end of this month

2. Make a treasury of the favourite items in the house

3. Go for a fall walk and name all the colours of the leaves



4. Create an indoor obstacle course

5. Play Santa says

6. Watch one of your childhood movies with the family

(Annie, Peter Pan, The Parent Trap)





7. Make hot chocolate with marshmallows

8. Write a letter to a family member

9. Dance and sing to Christmas songs

10. Craft a Christmas tree ornament 11. Go for an evening walk searching for Christmas lights

12. Build an indoor tent and share your biggest dreams



13. Bake cookies

14. Craft a stocking

15. Craft a snowman with cotton pads

16. Go on an outdoor Christmas scavenger hunt

look for a snowman, santa, Christmas lights, stockings, christmas tree 17. Clay a Christmas bauble 18. Make a pizza



25. Watch Christmas movies 26. Play the game
Dance/Freeze

27. Stay in your PJ's all day

28. Exercise together

10 times: jump up & down hop on 1 foot walk like a bear 29. Indoor scavenger hunt

find something in a certain colour

30. Make a list of the moments you enjoyed the most in 2020

