

Mediterranean Air Fryer

95 Healthy Recipes to Fry, Roast, Bake, and Grill



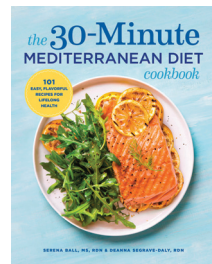
Mediterranean Diet Slow Cooker Cookbook

100 Vibrant, Family-Approved Recipes to Save Time and Have a Healthier Body



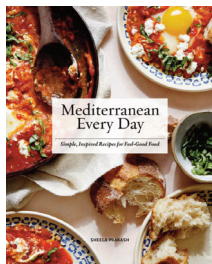
Mediterranean Kids Lunch Break

60+ Kid-Approved, Healthy, Delicious, School-Ready, Easy-to-Make Breakfast, Lunch, and Snack Recipes



The 30-Minute Mediterranean Diet Cookbook

101 Easy, Flavorful Recipe for Lifelong Health



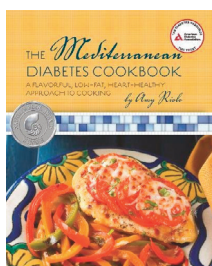
Mediterranean Every Day

Inspired Recipes for Feel-Good Food



The Weeknight Mediterranean Kitchen

80 Authentic, Healthy Recipes Made Quick and Easy for Everyday Cooking



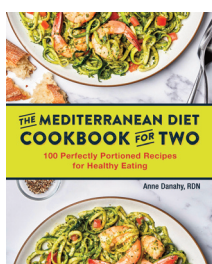
The Mediterranean Diabetes Cookbook

A flavorful, low-fat, heart-healthy approach to cooking



The Complete Mediterranean Cookbook

500 Vibrant, Kitchen-Tested Recipes for Living and Eating Well Every Day



The Mediterranean Diet Cookbook for Two

100 Perfectly Portioned Recipes for Healthy Eating



Mediterranean Meal Prep

Complete Beginner's Guide to Save Time and Eat Healthier with Batch Cooking for The Mediterranean Diet