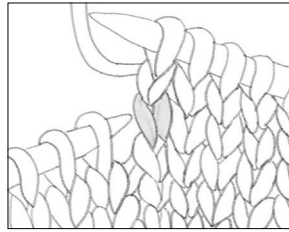# Cocoknits Increase Tutorials
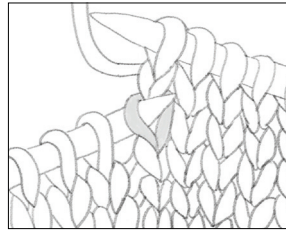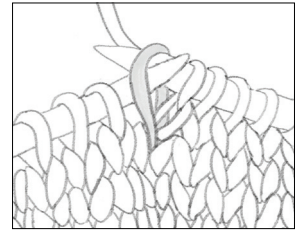
Knit Through Left Loop

KLL

SET-UP
After working a knit stitch, identify the "V" stitch 2 rows below the one on your right needle.

STEP 1
With your left needle, come from behind to scoop up the left loop of this stitch. This loop on the left needle is the new stitch.
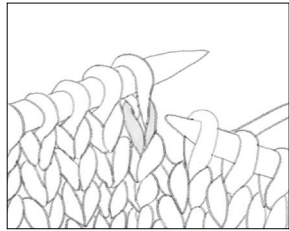
STEP 2
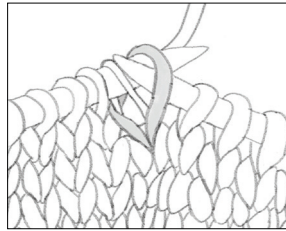Insert the right needle tip through the back loop and knit.
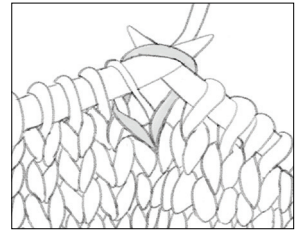
Knit Through Right Loop

KRL

SET-UP
With your right needle, come from behind and scoop up the right loop of the "V" stitch just below the one on your left needle.

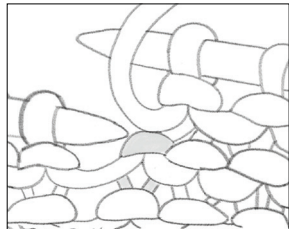**STEP 1**
Lift this loop up onto your left needle.

STEP 2
Knit the loop. I have found that this method leaves a hole with some highly-twisted yarns. If this happens, knit this stitch through the back loop instead of the front loop.
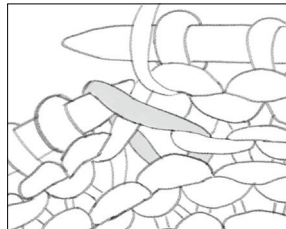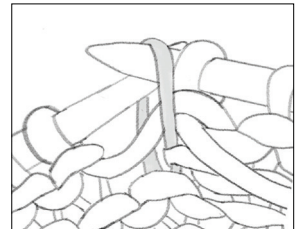
Purl Through Left Loop

PLL

SET-UP
Identify the purl bump 2 rows below the one on your right needle.

STEP 1
With your left needle, pick up this bar from bottom to top. This loop on your left needle is your new stitch.
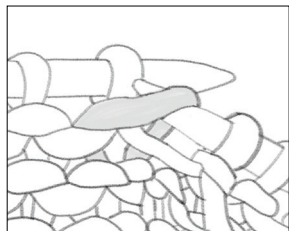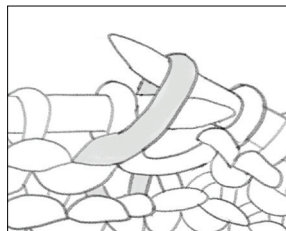
STEP 2
Purl through the front loop.
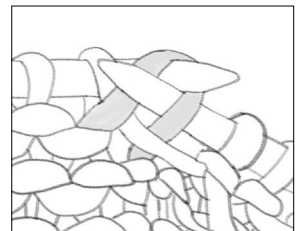
Purl Through Right Loop

PRL

SET-UP
With your right needle, come up through the head of the purl bump just below the one on your left needle, from bottom to top.

STEP 1
Place this loop on the left needle without twisting.

STEP 2
Insert the right needle tip through the back loop of the new stitch, from back to front, and purl. I have found that this method leaves a hole with some highly twisted yarns. If this happens, purl this stitch through the front loop instead of the back loop.