

MIDWEST BADMINTON CLUB

training@mbadminton.com

630-364-2345

www.mbadminton.com

Badminton Training Schedule:

STARTS ON March 11, 2019

2019 Corporate Lane Suite 103, Naperville, IL 60563

Beginner/ Intro Training:

This class is designed to ensure students learn the proper footwork, racket grip, stroke, and different types of shots. They will learn how to move and hit various shots. This is a required class for students with no to little badminton training or experience OR have never trained at Midwest Badminton Club before.

Assessment for Intermediate/Advanced:

- Serving, Clearing, Drop Shot, Lift, Footwork

Class Size: 4-12 students (1 hour less than 4)

Intermediate/Advanced

Training:

This class is a class designed for students with prior training or competition experience. Students will do various types of drilling with other students based on the coach's directions. They will also work on learning and improving footwork with stroke, practicing coordination of move and hitting. This class will help students build skills to react to real game situations.

Class Size: 8-16 students (1 hour less than 4)

MEET THE COACHES

Coach Ilian:

Cuban Team Player

Coach Erwin:

Indonesia Team Player

Coach Fiesal:

Indonesia Team Player

Coach Thomas:

Hong Kong Junior Team Player

Coach Viki:

Indonesia Team Player

Price

10 classes—\$27.00/ class

total \$270.00

15 classes will receive

10% off ... total \$364.50

20 classes will receive

20% off ... total \$432.00

Import notes:

Class must be used within 6 months of start date, any classes NOT completed within the 6 months, will not be credited and will not be eligible for make-up.

Scheduling/ Cancelling: Classes must be scheduled within 24 hours of class time, cancellations must be made 24 hours, same day cancellations or no shows will count as a used class.

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MONDAY	BEGINNER 4:30PM - 6:30PM	INTERMEDIATE/ADVANCE 4:30PM-6:30PM	TEAM 1 4:30-6:30PM
TUESDAY	BEGINNER 4:30PM - 6:30PM	INTERMEDIATE/ADVANCE 6:30PM-8:30PM	
WEDNESDAY	BEGINNER 4:30PM - 6:30PM	INTERMEDIATE/ADVANCE 4:30PM - 6:30PM	TEAM 1 & TEAM 2 4:30PM - 6:30PM
THURSDAY	BEGINNER 6:30PM-8:30PM	INTERMEDIATE/ADVANCE 4:30PM-6:30PM	
FRIDAY	BEGINNER 4:30PM - 6:30PM	INTERMEDIATE/ADVANCE 4:30PM - 6:30PM	TEAM 1 & TEAM 2 4:30PM - 6:30PM
SATURDAY	BEGINNER 9AM-11AM & 1-3PM	INTERMEDIATE/ADVANCE 9-11AM & 3pm-5PM	TEAM 1 & TEAM 2 9AM-11AM
SUNDAY	BEGINNER 2PM-4PM	INTERMEDIATE/ADVANCE 10AM-12PM & 5-7PM	Team 2 5pm-7pm

Look in for Private Lessons?

- > Private Lessons are 1 hour long with any of our available coaches
- > The fee is \$70/hour for One/Two person. Ask us for active training student discounted price
- > Times subject to availability.
- > Must pre-pay.

Please e-mail us at training@mbadminton.com